

Zeynab Asadi Lari Healthy Campus Award

Quota(s)/year: 1

Zeynab Asadi Lari was a highly accomplished student leader, mentor and friend within the UTM community, and an outspoken advocate for mental health and the reduction of stigma, from campus to global health levels. Zeynab was a passenger on Ukraine International Airlines Flight PS752 that crashed on January 8th, 2020, and honoured through the naming of this award in her memory.

The *Zeynab Asadi Lari Healthy Campus Award* is presented to a student who has made an outstanding contribution in support of student health and well-being and the development of a healthy campus environment at UTM.

This award will consider student health and wellness from a holistic perspective, including physical, emotional, social, and other relevant dimensions.

To be eligible for this award, candidates must:

1. Have completed at least 10.0 credits
2. Be in good academic standing with a minimum cumulative grade point average (CGPA) of 2.0;
3. Demonstrate involvement in, and commitment to, student health and wellness that impacts the UTM community on a broad or small scale. All activities associated with the UTM campus will be considered
4. Never have received this award previously during their academic career

Please note that students who have been sanctioned under U of T's Code of Student Conduct may not be eligible for this award.

Selection Criteria

Applications for this award will be evaluated according to 4 criteria: involvement, personal growth, community impact and a commitment to equity & inclusion.

A successful application will demonstrate the following:

- **Involvement:** Participation in campus activities related to student health and wellness. You will be evaluated based on the depth (how significant your contribution is) and breadth (how widespread, collaborative, and/or replicable your contribution is) of your involvement.
- **Personal Growth:** How your leadership development has grown and evolved as a result of your involvement in student health and wellness activities.
- **Community Impact:** Contributions to student health and wellness and its impact on the UTM community, including the quality of campus life, influencing institutional affairs, developing and engaging others, and fostering a sense of community.
- **Commitment to Equity & Inclusion:** Evidence of a proactive approach to creating a respectful and inclusive community through your contributions to student health and wellness.