



University of Toronto Mississauga (UTM) Student Group Award in Wellness

Quota(s)/year: 1

The UTM Student Group Award in Wellness recognizes an outstanding student group who has demonstrated a commitment to wellness through their campus involvement. This award will be presented to a ULife recognized Student Group who has contributed to making UTM a healthier campus through the delivery of programming, community outreach, and/or activism.

This award will consider student health and wellness from a holistic perspective, including physical, emotional, social, and other relevant dimensions.

Eligibility:

1. Open to all ULife Recognized Student Groups;
2. Impact under consideration must have primarily occurred between April 2020 – March 2021;
3. Involvement in, and commitment to, wellness that impacts the UTM community on a broad or small scale

Selection Criteria

Applications for this award will be evaluated according to 4 criteria: involvement, group development, community impact and a commitment to equity & inclusion.

A successful application will demonstrate:

- **Involvement:** Participation in campus activities related to wellness. You will be evaluated based on the depth (how significant your contribution is) and breadth (how widespread, collaborative, and/or replicable your contribution is) of your involvement.
- **Group Development:** How your group has grown and evolved as a result of your involvement in wellness activities.
- **Community Impact:** Contributions to wellness and its impact on the UTM community, including the quality of campus life, influencing institutional affairs, developing and engaging others, and fostering a sense of community.
- **Commitment to Equity & Inclusion:** Evidence of a proactive approach to creating a respectful and inclusive community through your contributions to wellness.