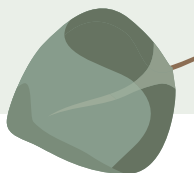


Build resilience.
Seek support.
Keep going.



RESILIENCE
AT UTM

Campus and community supports for students experiencing distress.

Emergency Services (24/7)

Fire, Police, Ambulance	911
UTM Campus Police (<i>emergency</i>)	905-569-4333

After Hours Community Crisis Supports

24/7 Crisis Support Peel (CMHA)	905-278-9036
Good2Talk (<i>student distress</i>)	1-866-925-5454
ONTX (<i>crisis; text-based service</i>)	741741
Distress Centres of Greater Toronto (<i>multilingual</i>)	905-459-7777
MySSP for UofT Students (<i>multilingual</i>)	1-844-451-9700
Sexual Assault Centre of Peel	1-800-810-0180
Interim Place (<i>women's shelter & crisis</i>)	905-403-0864
Mississauga Hospital Emergency Department	100 Queensway West Mississauga
Credit Valley Hospital Emergency Department	2200 Eglinton Ave. West Mississauga

U of T Safety Services

Community Safety Office	416-978-1485
WalkSafer Program	905-828-5200

UTM Support Services

UTM Campus Police (<i>non-emergency</i>)	905-828-5200
Accessibility Services	905-569-4699
Equity & Diversity Office	905-569-4916
Health & Counselling Centre	905-828-5255
Sexual Violence Prevention & Support Centre	416-978-2266
Student Affairs	905-828-3872
Student Housing	905-828-5286