

PSY325H5S - Psychology of the Self

Tuesday 6:00pm – 9:00pm

Online Synchronous

Course Delivery

ONLINE VIA QUERCUS

This course will be taught using a combination of asynchronous and synchronous elements. Lectures will be given as a series of short videos, totaling 2-3 hours per lecture, posted to Quercus on or before the date for each lecture (see outline below). You will be able to access this content at your own pace.

Students will have the opportunity for synchronous online office hours weekly and synchronous online collaboration with peers via Bb Collaborate. Discussion boards will also be available for course-related questions and discussions.

Quizzes, the midterm test and the final exam will be time-limited and administered as Quercus quizzes. The assignment will be submitted via Quercus.

Learn Anywhere Guide for Students

<https://library.utm.utoronto.ca/students/quercus/learn-anywhere>

University of Toronto tech [requirements for online learning](#)

Contact Information

Dr. Simone Walker

Email: simone.walker@utoronto.ca

Office Hours: Virtual via Bb Collaborate

Mondays 1PM-2PM or by appointment

Teaching Assistant:

Yachen Li

yachen.li@mail.utoronto.ca

second TA TBA

TA virtual office hours: TBA on Quercus after term work is returned

Contact Policy

- Content-related questions are to be posted to the appropriate Course discussion board.
- TA-issued grade concerns are to be directed to the appropriate TA during their office hours.

All other concerns are to be directed to the instructor unless otherwise directed (See Quercus for more information) via **Quercus inbox**.

If you send an email, please use an official utoronto.ca account and make sure to put “**PSY325**” in the subject line. **For all inquiries allow 48 hours for a response.**

Course Description

An examination of theory and research on the psychology of the self from the perspective of social psychology. Examples of topics associated with self-development that will be covered are self-awareness, self-knowledge, self-esteem, self-schemata, self-presentation, self-regulation, motivations, individual differences, and narrative perspectives on the self. Exclusion: PSY320H5 taken before 1999-2000.

Prerequisite: PSY201H5/equivalent, 210H5/220H5/230H5

Learning Outcomes

By the end of this course, students should be able to:

- Compare & contrast historical & contemporary conceptualizations of the self
- Describe the major functions of the self & their developmental processes
- Recognize & Identify the reciprocal relationships between the self and social psychological contexts
- Employ research skills to retrieve and critically evaluate information from scholarly and non-scholarly (popular media) sources
- Interpret & apply theoretical principles & empirical evidence to both personal and broader societal contexts
- Synthesize and communicate information using university-level academic writing skills

Reading Material

Assigned Readings will be posted on Quercus

Course Evaluation

Midterm test (29% of final grade) – February 10 on Quercus

- The test be a time-limited (2 hours), synchronous test during regular class time.
- The test will cover all material associated with lectures 1, 2, 3, 4 & 5
- The test will consist of multiple choice and short answer questions. See Quercus for detailed instructions.

Final Paper (20%): March 30 (due by 11:59PM on Quercus)

-10% penalty per day late

See Quercus for detailed instructions

Weekly Activity [Best 8 out of 10 (2% x 8 = 16%)]

Each week (excluding week 1) there is an online activity based on the previous week's lecture. It will be a quiz, a discussion board post, a personal reflection entry, or a Team Up. There is no make-up for missing a weekly activity (see below for the schedule).

- Quiz: You will have 10 minutes to respond to 10 multiple choice/True-or-False questions based on the previous week's lecture. A quiz will be available from the end of the lecture it is based on until the due date and can be completed at any time during this period. This is an independent activity (i.e., no collaboration permitted).
- Team Ups: These are synchronous and will take place during the first 40 minutes of that lecture time in

Bb Collaborate. You will be randomly assigned to a group at the beginning of the semester. Each Team Up, after voting for your team leader, you will have the remainder of the time to collaborate and submit responses to questions.

- Discussion board post: You will be required to post a brief but substantive reply to either the discussion question or a peer's response to the question. A discussion board question will be available from the end of the lecture it is based on until the due date and can be completed at any time during this period.
- Personal Reflection Journal Entry: You will be required to write a brief but substantive reflection on your experience with a major concept from the previous lecture.

See Quercus for detailed instructions.

Final Exam (35%): TBA, during August 2020 Examination period

- The exam will be a time-limited (2 hours), synchronous test held during the Registrar's office examination period.
- The exam will consist of multiple choice and short answer questions and is not cumulative.
- The exam will cover all material associated with lectures 6, 7, 8, 9, 10 & 11
- See Quercus for detailed instructions.

Course Webpage

The website associated with this course is accessible via <http://q.utoronto.ca>

Note: You don't need to create a new login for Quercus; it already knows who you are. You just need your UTORid and password. This is the same login that gets you onto the wireless network with your laptop, and the same one that you use to check your email. If you're confused about your UTORid or don't remember your password, go to: <https://www.utorid.utoronto.ca/>

In order to access course material, monitor course information, and view your grades you must log into Quercus. If you have any general questions regarding Quercus, please visit the following help site: <https://q.utoronto.ca/courses/46670/pages/student-quercus-guide>

IMPORTANT COURSE POLICIES **PLEASE READ**

Missed Test Special Consideration Request Process

Students who miss a test due to circumstances beyond their control (e.g. illness or an accident) can request that the Department grant them special consideration. Students must present their case to the Department (NOT the Instructor) by submitting a request via the online Special Consideration Request form at: <https://utmapp.utm.utoronto.ca/SpecialRequest>.

Important note: Once the test/exam is available online and you're unable to write or have an approved request to miss, **DO NOT** at any point attempt to access the test/exam. If at any time you access the test/exam, you will **NOT** be able to submit a special consideration and/or your request will be refused.

If your request is approved by the department, the weight of the missed test will be redistributed to the final exam.

Extension of Time Special Consideration Request Process

Students who seek to be granted more time to complete their term work beyond the due date without

penalty, owing to circumstances beyond their control (e.g., illness, or an accident), must do so by submitting a request **directly to the Instructor** for the period up to and including the last day of the term. The decision as to whether or not to apply a penalty for the specified period rests with the Instructor.

Students who seek to be granted more time to complete term work beyond the last day of the term must submit their request directly to the Department. This request covers the period following the last day of classes and ends the last day of the exam period. This is done by submitting a request via the online Special Consideration Request form at <https://utmapp.utm.utoronto.ca/SpecialRequest>. You are advised to seek advising by the departmental Undergraduate Counsellor prior to the deadline.

Supporting Documentation

The University is temporarily suspending the need for a doctor's note or medical certificate for any absence from academic participation. However, you are required to use the Absence Declaration tool on ACORN found in the Profile and Settings menu to formally declare an absence from academic participation. The tool is to be used if you require consideration for missed academic work based on the procedures specific to our campus/department.

Missed Final Exam or Extension of Time beyond exam period

Missed final exams or for extensions of time beyond the examination period you must submit a petition through the Office of the Registrar. <http://www.utm.utoronto.ca/registrar/current-students/petitions> and follow their procedures.

Penalties for Lateness

A penalty of 10% per calendar day (i.e., including week-ends and holidays, during which students are not able to submit term work) up to and including the last day of classes, will be applied by the Instructor. After the last day of classes, the penalty of 10% per calendar day will be applied by the Undergraduate Counsellor on behalf of the Department. No penalty will be assigned if request for special consideration, described above, was successful.

Academic Guidelines

It is your responsibility to ensure that you have met all prerequisites listed in the UTM Calendar for this course. If you lack any prerequisites you WILL BE REMOVED from the course up until the last day to add a course. Further information about academic regulations, course withdrawal dates and credits can be found in the University of Toronto Mississauga Calendar at: <http://www.erin.utoronto.ca/regcal/>.

You are encouraged to read this material. If you run into trouble and need advice about studying, preparing for exams, note taking or time management, free workshops and advice are available from the Robert Gillespie Academic Skills Centre at 905-828-5406.

AccessAbility Services

The University provides academic accommodations for students with disabilities in accordance with the terms of the Ontario Human Rights Code. This occurs through a collaborative process that acknowledges a collective obligation to develop an accessible learning environment that both meets the needs of students and preserves the essential academic requirements of the University's courses and programs. Students requiring academic accommodations for learning, physical, sensory, or mental health disabilities or medical conditions should contact the AccessAbility Office (2037B Davis Building), 905-828-3847.

<http://www.utm.utoronto.ca/accessability/>

Privacy and Copyright Disclaimer

Option 1: Notice of video recording and sharing (Download and re-use prohibited)

This course, including your participation, will be recorded on video and will be available to students in the course for viewing remotely and after each session. Course videos and materials belong to your instructor, the University, and/or other sources depending on the specific facts of each situation, and are protected by copyright. Do not download, copy, or share any course or student materials or videos without the explicit permission of the instructor. For questions about recording and use of videos in which you appear please contact your instructor.

Lectures and course materials prepared by the instructor are considered by the University to be an instructor's intellectual property covered by the Copyright Act, RSC 1985, c C-42. Course materials such as PowerPoint slides and lecture recordings are made available to you for your own study purposes. These materials cannot be shared outside of the class or "published" in any way. Posting recordings or slides to other websites without the express permission of the instructor will constitute copyright infringement.

Academic Honesty and Plagiarism

Academic integrity is essential to the pursuit of learning and scholarship in a university, and to ensuring that a degree from the University of Toronto Mississauga is a strong signal of each student's individual academic achievement. As a result, UTM treats cases of cheating and plagiarism very seriously.

The University of Toronto's Code of Behaviour on Academic Matters outlines behaviours that constitute academic dishonesty and the process for addressing academic offences. Potential offences include, but are not limited to:

In papers and assignments:

1. Using someone else's ideas or words without appropriate acknowledgement.
2. Submitting your own work in more than one course without the permission of the instructor.
3. Making up sources or facts.
4. Obtaining or providing unauthorized assistance on any assignment.

On tests and exams:

1. Using or possessing unauthorized aids.
2. Looking at someone else's answers during an exam or test.
3. Misrepresenting your identity.

In academic work:

1. Falsifying institutional documents or grades.
2. Falsifying or altering any documentation required, including (but not limited to) doctor's notes.

With regard to remote learning and online courses, UTM wishes to remind students that they are expected to adhere to **the Code of Behaviour on Academic Matters** regardless of the course delivery method. By offering students the opportunity to learn remotely, UTM expects that students will maintain the same academic honesty and integrity that they would in a classroom setting. Potential academic offences in a digital context include, but are not limited to:

Remote assessments:

1. Accessing unauthorized resources (search engines, chat rooms, Reddit, etc.) for assessments.
2. Using technological aids (e.g. software) beyond what is listed as permitted in an assessment.
3. Posting test, essay, or exam questions to message boards or social media.
4. Creating, accessing, and sharing assessment questions and answers in virtual “course groups.”
5. Working collaboratively, in-person or online, with others on assessments that are expected to be completed individually.

All suspected cases of academic dishonesty will be investigated following procedures outlined in the Code of Behaviour on Academic Matters. If you have questions or concerns about what constitutes appropriate academic behaviour or appropriate research and citation methods, you are expected to seek out additional information on academic integrity from your instructor or from other institutional resources.

Academic Rights

You, as a student at UTM, have the right to:

- Receive a syllabus by the first day of class.
- Rely upon a syllabus once a course is started. An instructor may only change marks' assignments by following the University Assessment and Grading Practices Policy provision 1.3.
- Refuse to use turnitin.com (you must be offered an alternative form of submission).
- Have access to your instructor for consultation during a course or follow up with the department chair if the instructor is unavailable.
- Ask the person who marked your term work for a re-evaluation if you feel it was not fairly graded. You have up to one month from the date of return of the item to inquire about the mark. If you are not satisfied with a re-evaluation, you may appeal to the instructor in charge of the course if the instructor did not mark the work. If your work is remarked, you must accept the resulting mark. You may only appeal a mark beyond the instructor if the term work was worth at least 20% of the course mark.
- Receive at least one significant mark (15% for H courses, 25% for Y courses) before the last day you can drop a course for H courses, and the last day of classes in the first week of January for Y courses taught in the Fall/Winter terms.
- Submit handwritten essays so long as they are neatly written.
- Have no assignment worth 100% of your final grade.
- Not have a term test worth more than 25% in the last two weeks of class.
- Retain intellectual property rights to your research.
- Receive all your assignments once graded.
- View your final exams. To see a final exam, you must submit an online Exam Reproduction Request within 6 months of the exam. There is a small non-refundable fee.
- Privacy of your final grades.
- Arrange for representation from Downtown Legal Services (DLS), a representative from the UTM Students' Union (UTMSU), and/or other forms of support if you are charged with an academic offence.

Equity Statement

The University of Toronto is committed to equity and respect for diversity. All members of the learning environment in this course should strive to create an atmosphere of mutual respect. As a course instructor, I will neither condone nor tolerate behaviour that undermines the dignity or self-esteem of any individual in this course and wish to be alerted to any attempt to create an intimidating or hostile environment. It is our

collective responsibility to create a space that is inclusive and welcomes discussion. Discrimination, harassment and hate speech will not be tolerated. If you have any questions, comments, or concerns you may contact the UTM Equity and Diversity officer at edo.utm@utoronto.ca or the University of Toronto Mississauga Students' Union Vice President Equity at vpequity@utmsu.ca.

Course Outline

Please note that this outline is subject to change depending on the needs of the class (we may need additional time to cover a topic). Any changes to the syllabus will be announced in class one week before.

Date	Topic	Readings	Work Due
January 12	Introduction to Course & Psychology of Self	Readings #1 & #2	
January 19	Functions of the self – Organizational I: Self-knowledge	Readings #3 & 4	Weekly Activity #1 – Lecture 1 Quiz due by 11:59pm
January 26	Functions of the self – Organizational II: Memory	Readings #5	Weekly Activity #2 – Lecture 2 Team Up (6:10pm – 6:40pm in Bb Collaborate)
February 2	Functions of the self – Motivational I: Self-Esteem & Self-Enhancement	Readings #6	Weekly Activity #3 – Lecture 3 Reflection Due by 11:59pm
February 9	Functions of the self – Motivational II	Text Reading #7	Weekly Activity #4 – Lecture 4 Quiz Due by 11:59pm
February 23	Mid-Term Test (Lectures 1-5, assigned readings & media)		
March 2	Functions of the self – Regulatory: Self-Regulation	Text Readings #8	Weekly Activity #5 – Discussion Board Post Due by 11:59pm
March 9	Self & Emotion	Text Reading #9	Weekly Activity #6 – Lecture 6 Team Up (6:10pm – 6:40pm in Bb Collaborate)
March 16	Self & Culture	Text Reading #10	Weekly Activity #7 – Lecture 7 Quiz Due by 11:59pm
March 23	Self & Interpersonal Relationships	Text Reading #11 & #12	Weekly Activity #8 – Lecture 8 Reflection Due by 11:59pm
March 30	Self & Identity	Quercus Reading #13	Final Paper Due by 11:59pm Weekly Activity #9 – Lecture 9 Quiz Due by 11:59pm
April 6	Self & Adjustment	Text Reading #14	Weekly Activity #10 – Lecture 10 Team Up (6:10pm – 6:40pm in Bb Collaborate)
April 13-23	Final Examination (Lecture 6-11, assigned readings & media)		

Final exam: During exam period, it is the student's responsibility to be available for the entire exam period.