PSY310H5S – Adolescence and Emerging Adulthood

Thursday 3:00pm – 6:00pm
Online Synchronous

Course Delivery

ONLINE VIA QUERCUS. Online synchronous classes will be accessible through links posted on the course Quercus page. Weekly check-ins, writing assignments, and term tests will be delivered on Quercus.

Learn Anywhere Guide for Students
https://library.utm.utoronto.ca/students/quercus/learn-anywhere
University of Toronto tech requirements for online learning

Contact Information

Dr. Joanne Chung
Email: joanne.chung@utoronto.ca

Student hours (AKA office hours): Virtual via Zoom (find the link on Quercus); Dr. Joanne will take a poll the first week of class for suitable times. Note that this time is for you to interact with Dr. Joanne about the course material.

Teaching Assistants
Melanie Munroe
melanie.munroe@mail.utoronto.ca
Emma Galarneau
emma.galarneau@mail.utoronto.ca

(Be sure to register for a UTM Zoom account at https://utoronto.zoom.us)

Course Description

The course provides an overview on psychological development during adolescence and emerging adulthood. We will focus on topics such as identity, social relationships, media use, risk, and resilience, with an emphasis on the role of culture. By the end of this course, you should have: 1) knowledge of when specific behaviors and abilities emerge in adolescent development, 2) an understanding of how such processes can vary across cultures, and 3) a greater ability to think critically about psychological research focused on adolescence and emerging adulthood.

Learning Outcome

By the end of this course, you should be able to:

- Describe the major terms, concepts and theories that are pertinent to understanding psychological development during adolescence and emerging adulthood
- Understand when specific behaviours and abilities emerge in adolescence and emerging adulthood
- Understand how such processes can vary across cultures
- Have a greater ability to analyse and critique psychological research focused on adolescence and emerging adulthood
- Communicate clearly in written format
**Reading Material**

**Textbook:**
Title: Adolescence and Emerging Adulthood: A Cultural Approach (Sixth Edition)
Author: Jeffrey J. Arnett
Publisher: Pearson

**Additional Readings:**
Empirical articles will be assigned with each lecture. These readings can be accessed through the University of Toronto library database PsycInfo.

**Course Evaluation**

<table>
<thead>
<tr>
<th>Tests &amp; Assignments</th>
<th>Date</th>
<th>%</th>
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<tbody>
<tr>
<td>Narrative Identity Paper</td>
<td>2/3/21</td>
<td>11</td>
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<tr>
<td>Term Test 1</td>
<td>2/25/21</td>
<td>24</td>
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<tr>
<td>Film Paper</td>
<td>3/11/21</td>
<td>11</td>
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<tr>
<td>Term Test 2</td>
<td>4/8/21</td>
<td>24</td>
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<tr>
<td>Credibility Paper and Presentation</td>
<td>4/15/21</td>
<td>20</td>
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<tr>
<td>Weekly Check-Ins</td>
<td></td>
<td>10</td>
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**Term Tests 1 and 2:** The tests will be a combination of multiple choice, short-answer, and essay questions. The material covered on the tests will include material from lectures and the textbook. Tests may also include material covered in class, but not contained in the assigned reading, so it is essential that you engage with the lecture material. **Note that Term Test 2 is not cumulative.**

**Narrative Identity Paper:** You will complete a guided, written exercise where you reflect on specific life experiences. You will also read a scientific paper describing narrative approaches to identity, and then code your responses to the exercise using the method described in the paper. You will write a 2-page, single-spaced reflection on this task.

**Film Paper:** You will select and watch a film that is focused on adolescence and emerging adulthood, and write a reaction paper that incorporates concepts from the readings and lectures. You will write a 2-page, single-spaced reflection on this task.

**Credibility Paper and Presentation:** You will identify a research claim of interest and then critically evaluate the available empirical evidence for it. In your paper and presentation, you will focus on issues such as conceptualization, measurement, methodology, generalizability, and future research directions. You may choose to work with others in a group, but you will turn in individual assignments. You will write a 5-page, single-spaced paper analyzing the credibility of a research claim. You will also create a 3-minute presentation that sums up your findings.

**Weekly Check-Ins:** You will complete a weekly check-in that includes questions about the readings and course material.

**Course Webpage**

The website associated with this course is accessible via [http://q.utoronto.ca](http://q.utoronto.ca)

**Note:** You don't need to create a new login for Canvas; it already knows who you are. You just need your UTORid and password. This is the same login that gets you onto the wireless network with your laptop, and the same one that you use to check your email. If you're confused about your UTORid or don't remember your password, go to: [https://www.utorid.utoronto.ca/](https://www.utorid.utoronto.ca/)
IMPORTANT COURSE POLICIES **PLEASE READ**

**Missed Test Special Consideration Request Process**
Students who miss a test due to circumstances beyond their control (e.g. illness or an accident) can request that the Department grant them special consideration. Students must present their case to the Department (NOT the Instructor) by submitting a request via the online Special Consideration Request form at:
https://utmapp.utm.utoronto.ca/SpecialRequest.

**Important note:** Once the test/exam is available online and you’re unable to write or have an approved request to miss, **DO NOT** at any point attempt to access the test/exam. If at any time you access the test/exam, you will **NOT** be able to submit a special consideration and/or your request will be refused.

If your request is approved by the department, a make-up test will be offered. You will receive an email when a make-up date has been arranged. The department will try to give 2-3 days notice of make-up date, however this is sometimes not possible. **Be prepared for the make-up.**

**Extension of Time Special Consideration Request Process**
Students who seek to be granted more time to complete their term work beyond the due date without penalty, owing to circumstances beyond their control (e.g., illness, or an accident), must do so by submitting a request **directly to the Instructor** for the period up to and including the last day of the term. The decision as to whether or not to apply a penalty for the specified period rests with the Instructor.

Students who seek to be granted more time to complete term work beyond the last day of the term must submit their request directly to the Department. This request covers the period following the last day of classes and ends the last day of the exam period. This is done by submitting a request via the online Special Consideration Request form at https://utmapp.utm.utoronto.ca/SpecialRequest. You are advised to seek advising by the departmental Undergraduate Counsellor prior to the deadline.

**Supporting Documentation**
The University is temporarily suspending the need for a doctor’s note or medical certificate for any absence from academic participation. However, you are required to use the Absence Declaration tool on ACORN found in the Profile and Settings menu to formally declare an absence from academic participation. The tool is to be used if you require consideration for missed academic work based on the procedures specific to our campus/department.

**Missed Final Exam or Extension of Time beyond exam period**
Missed final exams or for extensions of time beyond the examination period you must submit a petition through the Office of the Registrar. http://www.utm.utoronto.ca/registrar/current-students/petitions and follow their procedures.

**Penalties for Lateness**
A penalty of 10% per calendar day (i.e., including week-ends and holidays, during which students are not able to submit term work) up to and including the last day of classes, will be applied by the Instructor. After the last day of classes, the penalty of 10% per calendar day will be applied by the Undergraduate Counsellor on behalf of the Department. No penalty will be assigned if request for special consideration, described above, was successful.

**Academic Guidelines**
It is your responsibility to ensure that you have met all prerequisites listed in the UTM Calendar for this course. If you lack any prerequisites you WILL BE REMOVED from the course up until the last day to add a course. Further information about academic regulations, course withdrawal dates and credits can be found in the University of Toronto Mississauga Calendar at: http://www.erin.utoronto.ca/regcal/. You are encouraged to read this material. If you run into trouble and need advice about studying, preparing for exams, note taking or time management, free workshops and advice are available from the Robert Gillespie Academic Skills Centre at 905-828-5406.
AccessAbility Services
The University provides academic accommodations for students with disabilities in accordance with the terms of the Ontario Human Rights Code. This occurs through a collaborative process that acknowledges a collective obligation to develop an accessible learning environment that both meets the needs of students and preserves the essential academic requirements of the University’s courses and programs. Students requiring academic accommodations for learning, physical, sensory, or mental health disabilities or medical conditions should contact the AccessAbility Office (2037B Davis Building), 905-828-3847. http://www.utm.utoronto.ca/accessability/

Privacy and Copyright Disclaimer
Notice of video recording and sharing (Download and re-use prohibited)
This course, including your participation, will be recorded on video and will be available to students in the course for viewing remotely and after each session. Course videos and materials belong to your instructor, the University, and/or other sources depending on the specific facts of each situation, and are protected by copyright. Do not download, copy, or share any course or student materials or videos without the explicit permission of the instructor. For questions about recording and use of videos in which you appear please contact your instructor.

Lectures and course materials prepared by the instructor are considered by the University to be an instructor’s intellectual property covered by the Copyright Act, RSC 1985, c C-42. Course materials such as PowerPoint slides and lecture recordings are made available to you for your own study purposes. These materials cannot be shared outside of the class or “published” in any way. Posting recordings or slides to other websites without the express permission of the instructor will constitute copyright infringement.

Academic Honesty and Plagiarism
Academic integrity is essential to the pursuit of learning and scholarship in a university, and to ensuring that a degree from the University of Toronto Mississauga is a strong signal of each student’s individual academic achievement. As a result, UTM treats cases of cheating and plagiarism very seriously.

The University of Toronto’s Code of Behaviour on Academic Matters outlines behaviours that constitute academic dishonesty and the process for addressing academic offences. Potential offences include, but are not limited to:

In papers and assignments:

1. Using someone else’s ideas or words without appropriate acknowledgement.
2. Submitting your own work in more than one course without the permission of the instructor.
3. Making up sources or facts.
4. Obtaining or providing unauthorized assistance on any assignment.

On tests and exams:

1. Using or possessing unauthorized aids.
2. Looking at someone else’s answers during an exam or test.
3. Misrepresenting your identity.

In academic work:

1. Falsifying institutional documents or grades.
2. Falsifying or altering any documentation required, including (but not limited to) doctor’s notes.

With regard to remote learning and online courses, UTM wishes to remind students that they are expected to adhere to the Code of Behaviour on Academic Matters regardless of the course delivery method. By offering students the opportunity to learn remotely, UTM expects that students will maintain the same academic honesty and integrity that they would in a classroom setting. Potential academic offences in a digital context include, but are not limited to:
Remote assessments:

1. Accessing unauthorized resources (search engines, chat rooms, Reddit, etc.) for assessments.
2. Using technological aids (e.g. software) beyond what is listed as permitted in an assessment.
3. Posting test, essay, or exam questions to message boards or social media.
4. Creating, accessing, and sharing assessment questions and answers in virtual “course groups.”
5. Working collaboratively, in-person or online, with others on assessments that are expected to be completed individually.

All suspected cases of academic dishonesty will be investigated following procedures outlined in the Code of Behaviour on Academic Matters. If you have questions or concerns about what constitutes appropriate academic behaviour or appropriate research and citation methods, you are expected to seek out additional information on academic integrity from your instructor or from other institutional resources.

Academic Rights

You, as a student at UTM, have the right to:

- Receive a syllabus by the first day of class.
- Rely upon a syllabus once a course is started. An instructor may only change marks’ assignments by following the University Assessment and Grading Practices Policy provision 1.3.
- Refuse to use turnitin.com (you must be offered an alternative form of submission).
- Have access to your instructor for consultation during a course or follow up with the department chair if the instructor is unavailable.
- Ask the person who marked your term work for a re-evaluation if you feel it was not fairly graded. You have up to one month from the date of return of the item to inquire about the mark. If you are not satisfied with a re-evaluation, you may appeal to the instructor in charge of the course if the instructor did not mark the work. If your work is remarked, you must accept the resulting mark. You may only appeal a mark beyond the instructor if the term work was worth at least 20% of the course mark.
- Receive at least one significant mark (15% for H courses, 25% for Y courses) before the last day you can drop a course for H courses, and the last day of classes in the first week of January for Y courses taught in the Fall/Winter terms.
- Submit handwritten essays so long as they are neatly written.
- Have no assignment worth 100% of your final grade.
- Not have a term test worth more than 25% in the last two weeks of class.
- Retain intellectual property rights to your research.
- Receive all your assignments once graded.
- View your final exams. To see a final exam, you must submit an online Exam Reproduction Request within 6 months of the exam. There is a small non-refundable fee.
- Privacy of your final grades.
- Arrange for representation from Downtown Legal Services (DLS), a representative from the UTM Students’ Union (UTMSU), and/or other forms of support if you are charged with an academic offence.

Equity Statement

The University of Toronto is committed to equity and respect for diversity. All members of the learning environment in this course should strive to create an atmosphere of mutual respect. As a course instructor, I will neither condone nor tolerate behaviour that undermines the dignity or self-esteem of any individual in this course and wish to be alerted to any attempt to create an intimidating or hostile environment. It is our collective responsibility to create a space that is inclusive and welcomes discussion. Discrimination, harassment and hate speech will not be tolerated. If you have any questions, comments, or concerns you may contact the UTM Equity and Diversity officer at edo.utm@utoronto.ca or the University of Toronto Mississauga Students’ Union Vice President Equity at vpequity@utmsu.ca.
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- Not have a term test worth 25% or more in the last two weeks of class.
- Retain intellectual property rights to your research.
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Please note that this outline is subject to change depending on the needs of the class (we may need additional time to cover a topic). Any changes to the syllabus will be announced in class one week before. However, the assignment and test dates are fixed.

# Course Outline

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Readings</th>
<th>Assignment Due</th>
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<tbody>
<tr>
<td>January 14</td>
<td>Introduction</td>
<td>Chapter 1</td>
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<tr>
<td>January 21</td>
<td>Cultural Beliefs</td>
<td>Chapter 4</td>
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<td>January 28</td>
<td>Gender</td>
<td>Chapter 5</td>
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<td>February 4</td>
<td>The Self</td>
<td>Chapter 6</td>
<td>Narrative Identity Paper</td>
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<td>February 11</td>
<td>Family Relationships</td>
<td>Chapter 7</td>
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<td>February 18</td>
<td>Reading Week (No Class)</td>
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<td>February 25</td>
<td>Mid-Term Assessment</td>
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<td>March 4</td>
<td>Friends and Peers</td>
<td>Chapter 8</td>
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<tr>
<td>March 11</td>
<td>Love and Sexuality</td>
<td>Chapter 9</td>
<td>Film Paper</td>
</tr>
<tr>
<td>March 18</td>
<td>School; Work</td>
<td>Chapter 10; Chapter 11</td>
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<tr>
<td>March 25</td>
<td>Media</td>
<td>Chapter 12</td>
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<tr>
<td>April 1</td>
<td>Problems and Resilience</td>
<td>Chapter 13</td>
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<td>April 8</td>
<td>Final Test</td>
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<td>April 16</td>
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<td></td>
<td>Credibility Paper and Presentation</td>
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