

# PSY100Y5Y – Introduction to Psychology

## Contact Information

### Lecture Instructor

Dr. Dax Urbszat  
Office Hours: Virtual or In Person by appointment  
E-mail: [dax.urbszat@utoronto.ca](mailto:dax.urbszat@utoronto.ca)

### Lecture Meeting Time and Location

LEC9101 Monday 11am-1pm CC1080  
LEC9102 Monday 1pm-3pm CC1080  
LEC9103 Tuesday 3pm-5pm IB110 (Term 1)  
CC1080 (Term 2)

### Lab Instructor

Dr. Jeffrey Graham  
Office Hours: VIRTUAL by appointment  
[jeffrey.graham@utoronto.ca](mailto:jeffrey.graham@utoronto.ca)

### Laboratory Component

Location: DH 2050 in Deerfield Hall  
Please visit the PSYCH Lab Info in the Quercus portal

### PSY100Y5 Student Support

Email: [psyugassistant.utm@utoronto.ca](mailto:psyugassistant.utm@utoronto.ca)

## Course Delivery

### In person

#### Learn Anywhere Guide for Students

<https://library.utm.utoronto.ca/students/quercus/learn-anywhere>

University of Toronto tech [requirements for online learning](#)

## Learning Objectives

By the end of this course, students should be able to:

- Identify key concepts, principles, and theoretical approaches in psychology.
- Describe how developmental, experiential, and biological factors interact to shape mental processes and behaviour.
- Describe psychological research techniques and their assumptions specific to psychological research.
- Demonstrate awareness of the complexity of knowledge construction and the limits of available methods in scientific inquiry.
- Access and interpret scientific literature.
- Communicate clearly and concisely.
- Use hypothesis-driven methods of scientific inquiry to answer psychological questions.
- Develop insights into the behaviour and mental processes of one's self and of others.
- Critically evaluate psychological research.
- Explore interests in psychology through independent inquiry and research.
- Demonstrate an understanding of the ethical concerns of the field of psychology.

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## Required Materials

King, Holder & Urbszat (2021). **The Science of Psychology: An appreciative view (First Canadian Edition)**, McGraw-Hill. Purchase through the bookstore (you may have to click on “eBook Shopping Cart” to see it). URBSZAT, KING, HOLDER PKG set / SCIENCE OF PSYCHOLOGY: AN APPRECIATIVE VIEW (PRINT TEXT with CONNECT Access card) Digital version:

<https://www.campusebookstore.com/integration/AccessCodes/default.aspx?permalinkId=9ce91589-ada7-4846-848c-9fcd2a1fab46&frame=YES&t=permalink>

DeckChair License Key (2022). **DeckChair Tutor Labs – Psychology 1.0 Labs**. Register your DeckChair BEFORE labs begin. Purchase through the bookstore, this is the permalink for purchasing deckchair PSY100Y5F:

<https://www.campusebookstore.com/integration/AccessCodes/default.aspx?permalinkId=c6b882ed-193a-4154-ad9e-04393fa415d0&frame=YES&t=permalink>

Alloway, T., Wilson, G., and Graham, J. (2020). **Sniffy the Virtual Rat: Lite version 4.0**. DID Software Inc. Available on the Apple and Microsoft App Stores. More details are available at [www.sniffythevirtualrat.com](http://www.sniffythevirtualrat.com). Macintosh Users (10.13+): download your free Sniffy Demo from the Apple App Store and then use the In-App Purchase to fully activate your copy with the Lite feature set. Windows Users (10 version 1903 Build 18362): download a free Sniffy Lite Trial from the Microsoft store, then buy the version with the Lite feature set.

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## Course Webpages

The website associated with this course is accessible via <http://q.utoronto.ca>

**Note:** You don't need to create a new login for Canvas; it already knows who you are. You just need your UTORid and password. This is the same login that gets you onto the wireless network with your laptop, and the same one that you use to check your email. If you're confused about your UTORid or don't remember your password, go to: <https://www.utorid.utoronto.ca/>

In order to access course material, monitor course information, and view your grades you must log into Canvas. If you have any general questions regarding Canvas, please visit the following help site:

<https://library.utm.utoronto.ca/faculty/canvas>

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## PsychED Participation for Course Credit

**Experiment Participation for Course Credit** (accessible via: <https://app.utm.utoronto.ca/experiments-signup>). The PsychED website is for PSY100 students to receive course credit for completion of faculty's research experiments.

Participation in 6 hours of experiments (3 per term) or completion of 3 substitute assignments per term is worth a total of 4% of the PSY100 final grade. Each hour-long experiment would be worth 0.67% and a 30-minute experiment would be worth 0.33% of your final grade. Some experiments may be longer than an hour (e.g. 1.5, 2 or 3 hours). The maximum number of credit a student may earn is 4% (2% per term). There is no monetary payment for participation. Students wishing **NOT** to participate in PsychED experiments can

complete up to six (6) substitute assignments for credit (3 per term). Click on Substitute Assignment for instruction. Students should check early and often to make sure they can sign up for 3 hours in EACH TERM.

**IMPORTANT NOTE:** Maximum of 3 hours (2%) per term is allowed. If you fail to complete hours in the Fall term you will **NOT** be able to make them up in the Winter Term. If you wait until the last weeks of the term there may **NOT** be any experiments available for you to participate in. It is recommended **NOT** to wait to complete these hours. **Deadlines for participated listed on Quercus.**

### Course Evaluation

#### Term tests - lecture component (21%)

6 tests, short answers

#### Term tests - textbook component (21%)

6 tests, 30 multiple choice questions each

**Note:** Lowest test score will be dropped for both lecture and textbook components.

#### Lab work (21%)

2 lab tests @ 6% each; lab report 4%;  
lab completion credits 5%

#### Experiments (4%)

Participation in 6 hours of experiments or  
completion of substitute assignments

#### Final Exam (33%)

160 multiple choice questions,  
based on the textbook

### Lecture Schedule and Topics

#### TERM 1

Sept. 12 or 13 - Ch1: Admin and Overview

Sept. 19 or 20 - Ch2: Research Methods

Sept. 26 or 27 - Ch3: Neuroscience

Oct. 3 or 4 - **TEST 1 (Chapters 1, 2 & 3) during regular lecture time and location**

Oct. 10 - Thanksgiving – NO LECTURES

**Reading week – Oct. 11 – Oct. 14 NO LECTURES**

Oct. 17 or 18 – Ch4: Sensation and Perception

Oct. 24 or 25 – Ch5: Consciousness

Oct. 31 or Nov. 1 – CH6. Learning

Nov. 7 or 8 - **TEST 2 (Chapters 4, 5 & 6) during regular lecture time and location**

Nov. 14 or 15 - Ch7: Memory and Cognition

Nov. 21 or 22 - Ch8: Language and Intelligence

Nov. 28 or 29 - Ch9: Human Development

Dec. 5 or 6 – **TEST 3 (Chapters 7, 8 & 9)**

**AND Laboratory Test (Material covered in Labs) during regular lecture time and location**

#### TERM 2

Jan. 9 or 10 - Ch10: Motivation and Emotion

Jan. 16 or 17 - Ch11: Individual Differences and Gender

Jan. 23 or 24 - Ch12: Personality

Jan. 30 or 31 – **TEST 4 (Chapters 10, 11, & 12) during regular lecture time and location**

Feb. 6 or 7 - Ch13: Social Psychology

Feb. 13 or 14 - Ch16: Health Psychology

Feb. 20 - Family Day – NO LECTURES

**Feb. 21 - 24 - Reading Week: NO LECTURES**

Feb. 27 or Feb. 28 – Ch16: Health Psychology

Mar. 6 or 7 – **TEST 5 (Chapters 13 & 16) during regular lecture time and location**

Mar. 13 or 14 - Ch14: Psychological Disorders

Mar. 20 or 21 - Ch15: Treatment and Therapy

Mar. 27 or 28 - Ch15: Treatment and Therapy

Apr. 3 or 4 – **TEST 6 (Chapters 14 & 15)**

**AND Laboratory Test during regular lecture time and location**

**There will be 6 term testing sessions.** On tests 3 and 6, in addition to textbook and lecture questions, tests will include a lab test, short answer questions based on labs. All tests are conducted during your regular PSY100Y5F class times. Test duration for tests 1, 2, 4 and 5 is 60 minutes. Test duration for tests 3 and 6 is 120 minutes. Make-

ups are scheduled ONLY for lab tests. Lecture and textbook zero scores, for students who missed textbook and lecture tests and are granted Special Consideration by the Department, are dropped from the final grade calculation.

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## PSY100 Computer Laboratory Component

All PSY100 students must be enrolled in one of the 18 lab sections (called practicals in ROSI). During each of the 10 two-hour Labs, there will be an experiment, or simulation, or other assignments that must be completed for lab completion credits. Each completed lab is worth .5% for a total of 5%. If you miss your lab you must attend one of the FRIDAY sections in the same week (email: [psyugassistant.utm@utoronto.ca](mailto:psyugassistant.utm@utoronto.ca) for the link). There are no make-up labs - only the sections that are now scheduled. If you are in the last scheduled lab, and you miss it, there is no way to make up that credit. Each lab practical runs every other week, starting Sept 12<sup>th</sup>. See the Lab Schedule in the PSY100 Quercus portal under Lab Practical Schedule and Information.

To participate and get credit for work completed and/or submitted in the computer labs, **all students must arrive at their scheduled lab times with their DeckChair Student License key registered**. Purchase the DeckChair software license through the UTM Campus Bookstore before labs begin. PLEASE NOTE that Sniffy the Virtual Rat Lite 4.0 and the DeckChair Student License are MANDATORY for lab participation. Sniffy is available on the Apple and Microsoft App Stores. More details are available at [www.sniffythevirtualrat.com](http://www.sniffythevirtualrat.com).

**PLEASE NOTE** - the PSY100 Computer Lab requires that you have a DeckChair Tutor license (i.e., registered using the key provided on your invoice). You will not be able to participate in any labs if you do not have an account. DeckChair Tutor will be very useful as a study guide for labs, and for your research project in the second term. **Register your DeckChair account before labs.**

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## IMPORTANT COURSE POLICIES \*\*PLEASE READ\*\*

### **Missed Test Special Consideration Request Process**

Students who miss a test due to circumstances beyond their control (e.g. illness or an accident) can request that the Department grant them special consideration. Students must present their case to the Department (NOT the Instructor) by submitting a request via the online Special Consideration Request form at: <https://utmapp.utm.utoronto.ca/SpecialRequest>.

**Important note:** Once the test/exam is available online and you're unable to write or have an approved request to miss, **DO NOT** at any point attempt to access the test/exam. If at any time you access the test/exam, you will **NOT** be able to submit a special consideration and/or your request will be refused. If your request is approved by the department, the weight of the missed test will be redistributed to any remaining tests/exam. The weight of a missed test will be redistributed to the final exam.

### **Extension of Time Special Consideration Request Process**

Students who seek to be granted more time to complete their term work beyond the due date without penalty, owing to circumstances beyond their control (e.g., illness, or an accident), must do so by submitting a request **directly to the Instructor** for the period up to and including the last day of the term. The decision as to whether or not to apply a penalty for the specified period rests with the Instructor.

Students who seek to be granted more time to complete term work beyond the last day of the term must submit their request directly to the Department. This request covers the period following the last day of classes and ends the last day of the exam period. This is done by submitting a request via the online Special Consideration Request form at <https://utmapp.utm.utoronto.ca/SpecialRequest>. You are advised to seek advising by the departmental Undergraduate Counsellor prior to the deadline.

### **Supporting Documentation**

The University is temporarily suspending the need for a doctor's note or medical certificate for any absence from academic participation. However, you are required to use the Absence Declaration tool on ACORN found in the Profile and Settings menu to formally declare an absence from academic participation. The tool is to be used if you require consideration for missed academic work based on the procedures specific to our campus/department.

### **Missed Final Exam or Extension of Time beyond exam period**

Missed final exams or for extensions of time beyond the examination period you must submit a petition through the Office of the Registrar. <http://www.utm.utoronto.ca/registrar/current-students/petitions> and follow their procedures.

### **Penalties for Lateness**

A penalty of 10% per calendar day (i.e., including week-ends and holidays, during which students are not able to submit term work) up to and including the last day of classes, will be applied by the Instructor. After the last day of classes, the penalty of 10% per calendar day will be applied by the Undergraduate Counsellor on behalf of the Department. No penalty will be assigned if request for special consideration, described above, was successful.

### **Academic Guidelines**

It is your responsibility to ensure that you have met all prerequisites listed in the UTM Calendar for this course. If you lack any prerequisites you WILL BE REMOVED from the course up until the last day to add a course. Further information about academic regulations, course withdrawal dates and credits can be found in the University of Toronto Mississauga Calendar at: <http://www.erin.utoronto.ca/regcal/>. You are encouraged to read this material. If you run into trouble and need advice about studying, preparing for exams, note taking or time management, free workshops and advice are available from the Robert Gillespie Academic Skills Centre at 905-828-5406.

### **AccessAbility Services**

The University provides academic accommodations for students with disabilities in accordance with the terms of the Ontario Human Rights Code. This occurs through a collaborative process that acknowledges a collective obligation to develop an accessible learning environment that both meets the needs of students and preserves the essential academic requirements of the University's courses and programs. Students requiring academic accommodations for learning, physical, sensory, or mental health disabilities or medical conditions should contact the AccessAbility Office (2037B Davis Building), 905-828-3847. <http://www.utm.utoronto.ca/accessability/>

### **Privacy and Copyright Disclaimer (If applicable)**

#### ***Notice of video recording and sharing (Download and re-use prohibited)***

This course, including your participation, will be recorded on video and will be available to students in the course for viewing remotely and after each session. Course videos and materials belong to your instructor, the University, and/or other sources depending on the specific facts of each situation, and are protected by copyright. Do not download, copy, or share any course or student materials or videos without the explicit permission of the instructor. For questions about recording and use of videos in which you appear please contact your instructor.

Lectures and course materials prepared by the instructor are considered by the University to be an instructor's intellectual property covered by the Copyright Act, RSC 1985, c C-42. Course materials such as PowerPoint slides and lecture recordings are made available to you for your own study purposes. These materials cannot

be shared outside of the class or “published” in any way. Posting recordings or slides to other websites without the express permission of the instructor will constitute copyright infringement.

### **Academic Honesty and Plagiarism**

Academic integrity is essential to the pursuit of learning and scholarship in a university, and to ensuring that a degree from the University of Toronto Mississauga is a strong signal of each student’s individual academic achievement. As a result, UTM treats cases of cheating and plagiarism very seriously.

The University of Toronto’s Code of Behaviour on Academic Matters outlines behaviours that constitute academic dishonesty and the process for addressing academic offences. Potential offences include, but are not limited to:

#### **In papers and assignments:**

1. Using someone else’s ideas or words without appropriate acknowledgement.
2. Submitting your own work in more than one course without the permission of the instructor.
3. Making up sources or facts.
4. Obtaining or providing unauthorized assistance on any assignment.

#### **On tests and exams:**

1. Using or possessing unauthorized aids.
2. Looking at someone else’s answers during an exam or test.
3. Misrepresenting your identity.

#### **In academic work:**

1. Falsifying institutional documents or grades.
2. Falsifying or altering any documentation required, including (but not limited to) doctor’s notes.

With regard to remote learning and online courses, UTM wishes to remind students that they are expected to adhere to **the Code of Behaviour on Academic Matters** regardless of the course delivery method. By offering students the opportunity to learn remotely, UTM expects that students will maintain the same academic honesty and integrity that they would in a classroom setting. Potential academic offences in a digital context include, but are not limited to:

All suspected cases of academic dishonesty will be investigated following procedures outlined in the Code of Behaviour on Academic Matters. If you have questions or concerns about what constitutes appropriate academic behaviour or appropriate research and citation methods, you are expected to seek out additional information on academic integrity from your instructor or from other institutional resources.

### **Equity Statement**

The University of Toronto is committed to equity and respect for diversity. All members of the learning environment in this course should strive to create an atmosphere of mutual respect. As a course instructor, I will neither condone nor tolerate behaviour that undermines the dignity or self-esteem of any individual in this course and wish to be alerted to any attempt to create an intimidating or hostile environment. It is our collective responsibility to create a space that is inclusive and welcomes discussion. Discrimination, harassment and hate speech will not be tolerated. If you have any questions, comments, or concerns you may contact the UTM Equity and Diversity officer at [edo.utm@utoronto.ca](mailto:edo.utm@utoronto.ca) or the University of Toronto Mississauga Students’ Union Vice President Equity at [vpequity@utmsu.ca](mailto:vpequity@utmsu.ca).

## **Academic Rights**

You, as a student at UTM, have the right to:

- Receive a syllabus by the first day of class.
- Rely upon a syllabus once a course is started. An instructor may only change marks' assignments by following the University Assessment and Grading Practices Policy provision 1.3.
- Refuse to use turnitin.com (you must be offered an alternative form of submission).
- Have access to your instructor for consultation during a course or follow up with the department chair if the instructor is unavailable.
- Ask the person who marked your term work for a re-evaluation if you feel it was not fairly graded. You have up to one month from the date of return of the item to inquire about the mark. If you are not satisfied with a re-evaluation, you may appeal to the instructor in charge of the course if the instructor did not mark the work. If your work is remarked, you must accept the resulting mark. You may only appeal a mark beyond the instructor if the term work was worth at least 20% of the course mark.
- Receive at least one significant mark (15% for H courses, 25% for Y courses) before the last day you can drop a course for H courses, and the last day of classes in the first week of January for Y courses taught in the Fall/Winter terms.
- Submit handwritten essays so long as they are neatly written.
- Have no assignment worth 100% of your final grade.
- Not have a term test worth more than 25% in the last two weeks of class.
- Retain intellectual property rights to your research.
- Receive all your assignments once graded.
- View your final exams. To see a final exam, you must submit an online Exam Reproduction Request within 6 months of the exam. There is a small non-refundable fee.
- Privacy of your final grades.
- Arrange for representation from Downtown Legal Services (DLS), a representative from the UTM Students' Union (UTMSU), and/or other forms of support if you are charged with an academic offence.