

PSY346H5F Abnormal Psychology: Neuroscience Perspectives

Thursday 6:00pm - 9:00pm

ONLINE SYNCHRONOUS

Course Delivery

ONLINE VIA QUERCUS

Lectures and assessments will be delivered through Quercus. Lectures will be recorded and posted for asynchronous viewing. PowerPoint and PDF slides will be posted along with the video lecture link on the date stated in the course schedule. Timed assessments will be available for 24 hours on the date stated in the course schedule.

Learn Anywhere Guide for Students

https://library.utm.utoronto.ca/students/quercus/learn-anywhere

University of Toronto tech requirements for online learning

Contact Information

Professor: Dr. Taryn Grieder, M.Ed., Ph.D.

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Office Hours (Virtual): By email, phone, or Zoom meetings scheduled by appointment

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Course Description

An examination of contemporary theory and research related to the origin, prevention, and treatment of psychological disorders from a biological perspective. The course will focus on the role of behaviour genetics, structures in the brain, and biochemistry in the nervous system in specific disorders (e.g., schizophrenia, mood and anxiety disorders, aggression, premenstrual syndrome, sleep disorders) and will discuss alternative approaches to their treatment (e.g., psychopharmacologic versus behaviourally-oriented therapies).

Learning Outcomes

By the end of this course, students should be able to;

- Identify and distinguish anatomical, cellular, and pharmacological features of the brain.
- Describe the process of neural development, and potential mechanisms for dysfunction.
- Explain different neurobiological theories of abnormal behaviour.
- Analyze how neuroscientific research findings are interpreted and communicated to broad audiences.
- Describe different psychological disorders and their neurobiological underpinnings.
- Apply neurobiological research findings to a case's abnormal behaviour.

Reading Material

Lambert KG and Kinsley CH (2011) Clinical Neuroscience: Psychopathology and the Brain. Second Edition. Oxford University Press: ISBN 9780199737055

Course Evaluation

Participation	10%
Applied Learning Activity 1	5%
Applied Learning Activity 2	10%
Midterm	25%
Case Study Assignment	25%
Final Examination	25%

Participation: There will be short reflection quizzes given for each class to be completed on Quercus. Students will reflect on a topic covered in class, applying the course material to their response. Students will have 2 days from the date the lecture was posted (see the course schedule, below) to respond to these discussion questions on Quercus.

Applied Learning Activities: There will be two applied learning activities, where students will apply concepts from the course material to scenarios and/or research articles they are presented with. Further information will be posted and discussed on Quercus.

Online Midterm and Exam: The midterm and exam will have a combination of multiple choice questions, short answer and long answer questions (with a strict word limit). Written response questions will involve some definitions and descriptions of psychological concepts, and also some analysis of case studies in which you will be asked to analyze fictitious patients, diagnose their most likely disorders, and suggest a first course of treatment. On the release day you will have 3 hours to complete, individually, using your lecture slides and notes only, and writing in *your own words*. You will not need to provide citations and should not be using any outside sources. The midterm and exam are not cumulative, and will cover lecture material only (this means that there will not be any questions from the recommended textbook that were not discussed in lecture videos). It is expected that students will use their notes from lecture to assist in their writing the exams, which will be more about your ability to *apply* your knowledge than rote memorization.

Case Study Assignment: You will analyze a real or fictional person with a psychological disorder, discussing potential neurobiological explanations for their abnormal functioning. Please see the case study assignment outline for further details, which is available for download on Quercus.

Course Webpage

The website associated with this course is accessible via http://q.utoronto.ca

Note: You don't need to create a new login for Quercus; it already knows who you are. You just need your UTORid and password. This is the same login that gets you onto the wireless network with your laptop, and the same one that you use to check your email. If you're confused about your UTORid or don't remember your password, go to: https://www.utorid.utoronto.ca/

In order to access course material, monitor course information, and view your grades you must log into Quercus. If you have any general questions regarding Quercus, please visit the following help site: https://q.utoronto.ca/courses/46670/pages/student-quercus-guide

IMPORTANT COURSE POLICIES **PLEASE READ**

Missed Test Special Consideration Request Process

Students who miss a test due to circumstances beyond their control (e.g. illness or an accident) can request that the

Department grant them special consideration. Students must present their case to the Department (NOT the Instructor) by submitting a request via the online Special Consideration Request form at: https://utmapp.utm.utoronto.ca/SpecialRequest.

Important note: Once the test/exam is available online and you're unable to write or have an approved request to miss, **DO NOT** at any point attempt to access the test/exam. If at any time you access the test/exam, you will **NOT** be able to submit a special consideration and/or your request will be refused.

If your request is approved by the department, a make-up test will be offered. You will receive an email when a make-up date has been arranged. The department will try to give 2-3 days notice of make-up date, however this is sometimes is not possible. **Be prepared for the make-up.**

Extension of Time Special Consideration Request Process

Students who seek to be granted more time to complete their term work beyond the due date without penalty, owing to circumstances beyond their control (e.g., illness, or an accident), must do so by submitting a request **directly to the Instructor** for the period up to and including the last day of the term. The decision as to whether or not to apply a penalty for the specified period rests with the Instructor.

Students who seek to be granted more time to complete term work beyond the last day of the term must submit their request directly to the Department. This request covers the period following the last day of classes and ends the last day of the exam period. This is done by submitting a request via the online Special Consideration Request form at https://utmapp.utm.utoronto.ca/SpecialRequest. You are advised to seek advising by the departmental Undergraduate Counsellor prior to the deadline.

Supporting Documentation

The University is temporarily suspending the need for a doctor's note or medical certificate for any absence from academic participation. However, you are required to use the Absence Declaration tool on ACORN found in the Profile and Settings menu to formally declare an absence from academic participation. The tool is to be used if you require consideration for missed academic work based on the procedures specific to our campus/department.

Missed Final Exam or Extension of Time beyond exam period

Missed final exams or for extensions of time beyond the examination period you must submit a petition through the Office of the Registrar. http://www.utm.utoronto.ca/registrar/current-students/petitions and follow their procedures.

Penalties for Lateness

A penalty of 10% per calendar day (i.e., including week-ends and holidays, during which students are not able to submit term work) up to and including the last day of classes, will be applied by the Instructor. After the last day of classes, the penalty of 10% per calendar day will be applied by the Undergraduate Counsellor on behalf of the Department. No penalty will be assigned if request for special consideration, described above, was successful.

Academic Guidelines

It is your responsibility to ensure that you have met all prerequisites listed in the UTM Calendar for this course. If you lack any prerequisites you WILL BE REMOVED from the course up until the last day to add a course. Further information about academic regulations, course withdrawal dates and credits can be found in the University of Toronto Mississauga Calendar at: http://www.erin.utoronto.ca/regcal/.

You are encouraged to read this material. If you run into trouble and need advice about studying, preparing for exams, note taking or time management, free workshops and advice are available from the Robert Gillespie Academic Skills Centre at 905-828-5406.

AccessAbility Services

The University provides academic accommodations for students with disabilities in accordance with the terms of the Ontario Human Rights Code. This occurs through a collaborative process that acknowledges a collective obligation to develop an accessible learning environment that both meets the needs of students and preserves the essential academic

requirements of the University's courses and programs. Students requiring academic accommodations for learning, physical, sensory, or mental health disabilities or medical conditions should contact the AccessAbility Office (2037B Davis Building), 905-828-3847. http://www.utm.utoronto.ca/accessability/

Privacy and Copyright Disclaimer

Notice of video recording and sharing (Download permissible; re-use prohibited)

This course, including your participation, will be recorded on video and will be available to students in the course for viewing remotely and after each session. Course videos and materials belong to your instructor, the University, and/or other source depending on the specific facts of each situation, and are protected by copyright. In this course, you are permitted to download session videos and materials for your own academic use, but you should not copy, share, or use them for any other purpose without the explicit permission of the instructor. For questions about recording and use of videos in which you appear please contact your instructor.

Lectures and course materials prepared by the instructor are considered by the University to be an instructor's intellectual property covered by the Copyright Act, RSC 1985, c C-42. Course materials such as PowerPoint slides and lecture recordings are made available to you for your own study purposes. These materials cannot be shared outside of the class or "published" in any way. Posting recordings or slides to other websites without the express permission of the instructor will constitute copyright infringement.

Academic Honesty and Plagiarism

Academic integrity is essential to the pursuit of learning and scholarship in a university, and to ensuring that a degree from the University of Toronto Mississauga is a strong signal of each student's individual academic achievement. As a result, UTM treats cases of cheating and plagiarism very seriously.

<u>The University of Toronto's Code of Behaviour on Academic Matters</u> outlines behaviours that constitute academic dishonesty and the process for addressing academic offences. Potential offences include, but are not limited to:

In papers and assignments:

- 1. Using someone else's ideas or words without appropriate acknowledgement.
- 2. Submitting your own work in more than one course without the permission of the instructor.
- 3. Making up sources or facts.
- 4. Obtaining or providing unauthorized assistance on any assignment.

On tests and exams:

- 1. Using or possessing unauthorized aids.
- 2. Looking at someone else's answers during an exam or test.
- 3. Misrepresenting your identity.

In academic work:

- 1. Falsifying institutional documents or grades.
- 2. Falsifying or altering any documentation required, including (but not limited to) doctor's notes.

With regard to remote learning and online courses, UTM wishes to remind students that they are expected to adhere to the Code of Behaviour on Academic Matters regardless of the course delivery method. By offering students the opportunity to learn remotely, UTM expects that students will maintain the same academic honesty and integrity that they would in a classroom setting. Potential academic offences in a digital context include, but are not limited to:

Remote assessments:

- 1. Accessing unauthorized resources (search engines, chat rooms, Reddit, etc.) for assessments.
- 2. Using technological aids (e.g. software) beyond what is listed as permitted in an assessment.
- 3. Posting test, essay, or exam questions to message boards or social media.
- 4. Creating, accessing, and sharing assessment questions and answers in virtual "course groups."

5. Working collaboratively, in-person or online, with others on assessments that are expected to be completed individually.

Turnitin.com:

Normally, students will required to submit their course essays to Turnitin.com for a review of textual similarity and detection of possible plagiarism. In doing so, students will allow their essays to be included as source documents in the Turnitin.com reference database, where they will be used solely for the purpose of detecting plagiarism. The terms that apply to the University's use of the Turnitin.com service are described on the Turnitin.com web site.

All suspected cases of academic dishonesty will be investigated following procedures outlined in the Code of Behaviour on Academic Matters. If you have questions or concerns about what constitutes appropriate academic behaviour or appropriate research and citation methods, you are expected to seek out additional information on academic integrity from your instructor or from other institutional resources.

Academic Rights

You, as a student at UTM, have the right to:

- Receive a syllabus by the first day of class.
- Rely upon a syllabus once a course is started. An instructor may only change marks' assignments by following the University Assessment and Grading Practices Policy provision 1.3.
- Refuse to use turnitin.com (you must be offered an alternative form of submission).
- Have access to your instructor for consultation during a course or follow up with the department chair if the instructor is unavailable.
- Ask the person who marked your term work for a re-evaluation if you feel it was not fairly graded. You have up to one month from the date of return of the item to inquire about the mark. If you are not satisfied with a reevaluation, you may appeal to the instructor in charge of the course if the instructor did not mark the work. If your work is remarked, you must accept the resulting mark. You may only appeal a mark beyond the instructor if the term work was worth at least 20% of the course mark.
- Receive at least one significant mark (15% for H courses, 25% for Y courses) before the last day you can drop a
 course for H courses, and the last day of classes in the first week of January for Y courses taught in the
 Fall/Winter terms.
- Submit handwritten essays so long as they are neatly written.
- Have no assignment worth 100% of your final grade.
- Not have a term test worth more than 25% in the last two weeks of class.
- Retain intellectual property rights to your research.
- Receive all your assignments once graded.
- View your final exams. To see a final exam, you must submit an online Exam Reproduction Request within 6 months of the exam. There is a small non-refundable fee.
- Privacy of your final grades.
- Arrange for representation from Downtown Legal Services (DLS), a representative from the UTM Students' Union (UTMSU), and/or other forms of support if you are charged with an academic offence.

Equity Statement

The University of Toronto is committed to equity and respect for diversity. All members of the learning environment in this course should strive to create an atmosphere of mutual respect. As a course instructor, I will neither condone nor tolerate behaviour that undermines the dignity or self-esteem of any individual in this course and wish to be alerted to any attempt to create an intimidating or hostile environment. It is our collective responsibility to create a space that is inclusive and welcomes discussion. Discrimination, harassment and hate speech will not be tolerated. If you have any questions, comments, or concerns you may contact the UTM Equity and Diversity officer at edo.utm@utoronto.ca or the University of Toronto Mississauga Students' Union Vice President Equity at vpequity@utmsu.ca.

Please note that this outline is subject to change depending on the needs of the class (we may need additional time to cover a topic). Any changes to the syllabus will be announced in class one week before. However, the assignment and test dates are fixed.

Course Outline

Date	Topic	Notes / Readings
September 10 th	Introduction to Clinical Neuroscience	Chapter 2
September 17 th	Neuroanatomy	Chapters 3, 4
September 24 th	Neural Development	Chapter 6
October 1 st	Psychopharmacology	Chapter 5
October 8 th	Stress and Coping Applied Learning Activity 1 (5%)	Chapter 12
October 15 th	READING WEEK – NO CLASS	
October 22 nd	Midterm (25%)	
October 29 th	Anxiety Disorders	Chapter 8
November 5 th	Mood Disorders	Chapter 9
November 12 th	Schizophrenia **Case Study Assignment (25%) due	Chapter 10
November 19 th	Addictive Behaviour	Chapter 11
November 26 th	Applied Learning Activity 2 (10%)	
December 8-22 (Final Exam period)	Final Examination (25%)	

Final exam: It is the student's responsibility to be available for the entire exam period.