

PSY340H5F Abnormal Psychology: Adult Disorders

Thursday 12:00pm - 3:00pm

Online Synchronous

Course Delivery

ONLINE VIA QUERCUS

This course will be taught using a combination of asynchronous and synchronous elements. Lectures will be given as a series of short videos, totaling 2-3 hours per lecture, posted to Quercus on or before the date for each lecture (see outline below). You will be able to access this content at your own pace.

Students will have the opportunity for synchronous online office hours weekly and synchronous online collaboration with peers via Bb Collaborate. Discussion boards will also be available for course-related questions and discussions.

Quizzes, the midterm test and the final exam will be time-limited and administered as Quercus quizzes. The assignment will be submitted via Quercus.

Learn Anywhere Guide for Students

<https://library.utm.utoronto.ca/students/quercus/learn-anywhere>

University of Toronto tech [requirements for online learning](#)

Contact Information

Dr. Simone Walker

Email: simone.walker@utoronto.ca

Office Hours: Virtual via Bb Collaborate

Wednesdays 2PM-3PM or by appointment

Teaching Assistants:

Kyle Logie-Hagen

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TA virtual office hours: TBA on Quercus after term work is returned

The instructor is your first contact regarding all matters not directly pertaining to a TA-issued grade. Outside office hours, you can send a message to your instructor **using your Quercus inbox**.

If you send an email, please use an official utoronto.ca account and make sure to put “**PSY340**” in the subject line. We will try to respond to all inquiries within 48 hours. See Quercus for more information regarding the contact policy.

Course Description

This course examines the current theory and research related to the origin, diagnosis, classification and treatment of specific psychological disorders found in adulthood. We will explore the field of abnormal psychology in order to help you develop a greater understanding of the historical and contemporary explanations for psychopathology. Throughout the semester we will discuss how abnormality is defined, the

symptoms and characteristics of psychological disorders, current research and controversies in the field, and touch briefly on the various treatments available for individuals who experience mental health problems.

Prerequisite: PSY201H5/equivalent, 240H5

Learning Outcomes

By the end of this course, students should be able to:

- Explain how developmental, experiential, and biological factors interact to shape mental processes and abnormal behaviour
- Identify key concepts, principles, and theoretical approaches in abnormal psychology
- Demonstrate an awareness and understanding of ethical considerations within abnormal psychology
- Communicate clearly and concisely
- Analyze how psychological findings are interpreted and communicated to broad audiences.
- Use scientific sources to critically evaluate claims and inform treatment strategies
- Connect foundational principles of abnormal psychology to modern-day, real-world applications

Reading Material

Readings will be posted on Quercus for each lecture.

Course Evaluation

Midterm Test (24%) – October 22nd on Quercus

The test be a time-limited (2 hours), synchronous test during regular class time.

The test will consist of multiple choice and short answer questions. The test will cover material associated with lectures 1, 2, 3, 4 & 5.

See Quercus for detailed instructions.

Case Study Group Project (25%) – Due by 11:59pm on November 26th

Students will sign up to work in a group of 4 to create a fictitious case based on a principal disorder. Each group member will choose a separate role: client/patient, assessor, clinician 1 or clinician 2. Although group members will need to collaborate in order to create a complete cogent case, each student will submit a written assignment based on their chosen role. Here are the roles:

- Patient Role - Create a fictitious client/patient and provide a detailed description of this individual's presenting issue & clinical history.
- Assessor Role - Create and provide a detailed description of all methods used to assess the fictitious client/patient to arrive at a diagnosis of the principal disorder.
- Clinician 1/Clinician 2 - Create and provide a detailed description of a treatment strategy [each clinician will use a different treatment approach (e.g., behavioural, cognitive, psychodynamic, client-centered, etc.)].

See Quercus for detailed instructions.

Weekly Activity [Best 8 out of 10 (2% x 8 = 16%)]

Each week (excluding week 1) there is an online activity based on the previous week's lecture. It will be a quiz, a discussion board post or a Team Up. There is no make-up for missing a weekly activity (see below for the schedule).

- Quiz: You will have 10 minutes to respond to 10 multiple choice/True-or-False questions based on the

previous week's lecture. A quiz will be available from the end of the lecture it is based on until the due date and can be completed at any time during this period. This is an independent activity (i.e., no collaboration permitted).

- Discussion board post: You will be required to post a brief but substantive reply to either the discussion question or a peer's response to the question. A discussion board question will be available from the end of the lecture it is based on until the due date and can be completed at any time during this period.
- Team Ups: These are synchronous and will take place during the first 30 minutes of that class in *Bb Collaborate*. Your case study project group will be your pre-assigned team. After voting for your team leader, you will have the remainder of the time to collaborate and submit responses to questions.

See Quercus for detailed instructions.

Final Examination (35% of final grade) – TBA, during December 2020 examination period

The exam will be a time-limited (2 hours), synchronous test held during the Registrar's office examination period.

The exam will consist of multiple choice and short answer questions and is not cumulative. The exam will cover material associated with lectures 6, 7, 8, 9, 10 & 11. See Quercus for detailed instructions.

Course Webpage

The website associated with this course is accessible via <http://q.utoronto.ca>

Note: You don't need to create a new login for Quercus; it already knows who you are. You just need your UTORid and password. This is the same login that gets you onto the wireless network with your laptop, and the same one that you use to check your email. If you're confused about your UTORid or don't remember your password, go to: <https://www.utorid.utoronto.ca/>

In order to access course material, monitor course information, and view your grades you must log into Quercus. If you have any general questions regarding Quercus, please visit the following help site:

<https://q.utoronto.ca/courses/46670/pages/student-quercus-guide>

IMPORTANT COURSE POLICIES **PLEASE READ**

Missed Test Special Consideration Request Process

Students who miss a test due to circumstances beyond their control (e.g. illness or an accident) can request that the Department grant them special consideration. Students must present their case to the Department (NOT the Instructor) by submitting a request via the online Special Consideration Request form at:

<https://utmapp.utm.utoronto.ca/SpecialRequest>.

Important note: Once the test/exam is available online and you're unable to write or have an approved request to miss, **DO NOT** at any point attempt to access the test/exam. If at any time you access the test/exam, you will **NOT** be able to submit a special consideration and/or your request will be refused.

If your request is approved by the department, the weight of the missed test will be redistributed equally between the case study group project and the final exam.

Extension of Time Special Consideration Request Process

Students who seek to be granted more time to complete their term work beyond the due date without penalty, owing to circumstances beyond their control (e.g., illness, or an accident), must do so by submitting a request **directly to the Instructor** for the period up to and including the last day of the term. The decision as to whether or not to apply a penalty for the specified period rests with the Instructor.

Students who seek to be granted more time to complete term work beyond the last day of the term must submit their request directly to the Department. This request covers the period following the last day of classes and ends the last day of the exam period. This is done by submitting a request via the online Special Consideration Request form at <https://utmapp.utm.utoronto.ca/SpecialRequest>. You are advised to seek advising by the departmental Undergraduate Counsellor prior to the deadline.

Supporting Documentation

The University is temporarily suspending the need for a doctor's note or medical certificate for any absence from academic participation. However, you are required to use the Absence Declaration tool on ACORN found in the Profile and Settings menu to formally declare an absence from academic participation. The tool is to be used if you require consideration for missed academic work based on the procedures specific to our campus/department.

Missed Final Exam or Extension of Time beyond exam period

Missed final exams or for extensions of time beyond the examination period you must submit a petition through the Office of the Registrar. <http://www.utm.utoronto.ca/registrar/current-students/petitions> and follow their procedures.

Penalties for Lateness

A penalty of 10% per calendar day (i.e., including week-ends and holidays, during which students are not able to submit term work) up to and including the last day of classes, will be applied by the Instructor. After the last day of classes, the penalty of 10% per calendar day will be applied by the Undergraduate Counsellor on behalf of the Department. No penalty will be assigned if request for special consideration, described above, was successful.

Academic Guidelines

It is your responsibility to ensure that you have met all prerequisites listed in the UTM Calendar for this course. If you lack any prerequisites you WILL BE REMOVED from the course up until the last day to add a course. Further information about academic regulations, course withdrawal dates and credits can be found in the University of Toronto Mississauga Calendar at: <http://www.erin.utoronto.ca/regcal/>.

You are encouraged to read this material. If you run into trouble and need advice about studying, preparing for exams, note taking or time management, free workshops and advice are available from the Robert Gillespie Academic Skills Centre at 905-828-5406.

AccessAbility Services

The University provides academic accommodations for students with disabilities in accordance with the terms of the Ontario Human Rights Code. This occurs through a collaborative process that acknowledges a collective obligation to develop an accessible learning environment that both meets the needs of students and preserves the essential academic requirements of the University's courses and programs. Students requiring academic accommodations for learning, physical, sensory, or mental health disabilities or medical conditions should contact the AccessAbility Office (2037B Davis Building), 905-828-3847.

<http://www.utm.utoronto.ca/accessability/>

Privacy and Copyright Disclaimer

This course, including your participation, will be recorded on video and will be available to students in the course for viewing remotely and after each session. Course videos and materials belong to your instructor, the University, and/or other sources depending on the specific facts of each situation, and are protected by copyright. Do not download, copy, or share any course or student materials or videos without the explicit permission of the instructor. For questions about recording and use of videos in which you appear please

contact your instructor.

Lectures and course materials prepared by the instructor are considered by the University to be an instructor's intellectual property covered by the Copyright Act, RSC 1985, c C-42. Course materials such as PowerPoint slides and lecture recordings are made available to you for your own study purposes. These materials cannot be shared outside of the class or "published" in any way. Posting recordings or slides to other websites without the express permission of the instructor will constitute copyright infringement.

Academic Honesty and Plagiarism

Academic integrity is essential to the pursuit of learning and scholarship in a university, and to ensuring that a degree from the University of Toronto Mississauga is a strong signal of each student's individual academic achievement. As a result, UTM treats cases of cheating and plagiarism very seriously.

The University of Toronto's Code of Behaviour on Academic Matters outlines behaviours that constitute academic dishonesty and the process for addressing academic offences. Potential offences include, but are not limited to:

In papers and assignments:

1. Using someone else's ideas or words without appropriate acknowledgement.
2. Submitting your own work in more than one course without the permission of the instructor.
3. Making up sources or facts.
4. Obtaining or providing unauthorized assistance on any assignment.

On tests and exams:

1. Using or possessing unauthorized aids.
2. Looking at someone else's answers during an exam or test.
3. Misrepresenting your identity.

In academic work:

1. Falsifying institutional documents or grades.
2. Falsifying or altering any documentation required, including (but not limited to) doctor's notes.

With regard to remote learning and online courses, UTM wishes to remind students that they are expected to adhere to **the Code of Behaviour on Academic Matters** regardless of the course delivery method. By offering students the opportunity to learn remotely, UTM expects that students will maintain the same academic honesty and integrity that they would in a classroom setting. Potential academic offences in a digital context include, but are not limited to:

Remote assessments:

1. Accessing unauthorized resources (search engines, chat rooms, Reddit, etc.) for assessments.
2. Using technological aids (e.g. software) beyond what is listed as permitted in an assessment.
3. Posting test, essay, or exam questions to message boards or social media.
4. Creating, accessing, and sharing assessment questions and answers in virtual "course groups."
5. Working collaboratively, in-person or online, with others on assessments that are expected to be completed individually.

All suspected cases of academic dishonesty will be investigated following procedures outlined in the Code of Behaviour on Academic Matters. If you have questions or concerns about what constitutes appropriate academic behaviour or appropriate research and citation methods, you are expected to seek out additional information on academic integrity from your instructor or from other institutional resources.

Academic Rights

You, as a student at UTM, have the right to:

- Receive a syllabus by the first day of class.
- Rely upon a syllabus once a course is started. An instructor may only change marks' assignments by following the University Assessment and Grading Practices Policy provision 1.3.
- Refuse to use turnitin.com (you must be offered an alternative form of submission).
- Have access to your instructor for consultation during a course or follow up with the department chair if the instructor is unavailable.
- Ask the person who marked your term work for a re-evaluation if you feel it was not fairly graded. You have up to one month from the date of return of the item to inquire about the mark. If you are not satisfied with a re-evaluation, you may appeal to the instructor in charge of the course if the instructor did not mark the work. If your work is remarked, you must accept the resulting mark. You may only appeal a mark beyond the instructor if the term work was worth at least 20% of the course mark.
- Receive at least one significant mark (15% for H courses, 25% for Y courses) before the last day you can drop a course for H courses, and the last day of classes in the first week of January for Y courses taught in the Fall/Winter terms.
- Submit handwritten essays so long as they are neatly written.
- Have no assignment worth 100% of your final grade.
- Not have a term test worth more than 25% in the last two weeks of class.
- Retain intellectual property rights to your research.
- Receive all your assignments once graded.
- View your final exams. To see a final exam, you must submit an online Exam Reproduction Request within 6 months of the exam. There is a small non-refundable fee.
- Privacy of your final grades.
- Arrange for representation from Downtown Legal Services (DLS), a representative from the UTM Students' Union (UTMSU), and/or other forms of support if you are charged with an academic offence.

Equity Statement

The University of Toronto is committed to equity and respect for diversity. All members of the learning environment in this course should strive to create an atmosphere of mutual respect. As a course instructor, I will neither condone nor tolerate behaviour that undermines the dignity or self-esteem of any individual in this course and wish to be alerted to any attempt to create an intimidating or hostile environment. It is our collective responsibility to create a space that is inclusive and welcomes discussion. Discrimination, harassment and hate speech will not be tolerated. If you have any questions, comments, or concerns you may contact the UTM Equity and Diversity officer at edo.utm@utoronto.ca or the University of Toronto Mississauga Students' Union Vice President Equity at vpequity@utmsu.ca.

Please note that this outline is subject to change depending on the needs of the class (we may need additional time to cover a topic). Any changes to the syllabus will be announced in class one week before. However, the assignment and test dates are fixed.

Course Outline

Date	Topic	Assigned Readings	Assignments
Week 1 (Sept 10)	L1: Introduction	#1 & #2	
Week 2 (Sept 17)	L2: Assessment & Diagnosis	#3 & #4	Weekly Activity #1 – Lecture 1 Quiz due by 11:59pm
Week 3 (Sept 24)	L3: Methods & legal/ethical issues	#5	Weekly Activity #2 –Lecture 2 Team Up (6:10pm – 6:40pm in Bb Collaborate)
Week 4 (Oct 1)	L4: Anxiety disorders	#6	Weekly Activity #3 – Lecture 3 Quiz Due by 11:59pm
Week 5 (Oct 8)	L5: Mood disorders	#7	Weekly Activity #4 – Lecture 4 Quiz Due by 11:59pm
Week 6 (Oct 15)	No Class Reading week		
Week 7 (Oct 22)	Midterm Test (Lectures 1, 2, 3, 4, 5 & associated materials)		
Week 8 (Oct 29)	L6: Somatic & Dissociative disorders	#8 & #9	Weekly Activity #5 – Discussion Board Post Due by 11:59pm
Week 9 (Nov 5)	L7: Schizophrenia	#10	Weekly Activity #6 –Lecture 6 Team Up (6:10pm – 6:40pm in Bb Collaborate)
Week 10 (Nov 12)	L8: Trauma- and stressor-related disorders	#11	Weekly Activity #7 – Lecture 7 Quiz Due by 11:59pm
Week 11 (Nov 19)	L9: Substance-related disorders	#12 & #13	Weekly Activity #8 – Lecture 8 Quiz Due by 11:59pm
Week 12 (Nov 26)	L10: Personality disorders	#14	Case Study Group Project Due by 11:59pm Weekly Activity #9 – Lecture 9 Quiz Due by 11:59pm
Week 13 (Dec 3)	Aging & Psychological disorders	#15	Weekly Activity #10 –Lecture 10 Team Up (6:10pm – 6:40pm in Bb Collaborate)

Final exam: During exam period, December 10-22. It is the student’s responsibility to make themselves available for the entire exam period.