**NEUROSCIENCE (HBSc)**

*Department of Psychology*

Neuroscience is the field that explores neurobiological, physiological, genetic, and epigenetic contributions to behaviour. This emerging discipline represents an integrative approach to the study of behaviour that brings together the tremendous gains in knowledge that have been made in the past few decades. The program combines courses in psychology and biology to provide excellent preparation for graduate studies in the neurosciences.

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**MAKE THE MOST OF YOUR TIME AT UTM!**

We want to help you maximize your university experience, so we've pulled together information and interesting suggestions to get you started, although there are many more! As you review the chart on the inside pages, note that many of the suggestions need not be restricted to the year they are mentioned. In fact, activities such as joining an academic society, engaging with faculty and seeking opportunities to gain experience should occur in each year of your study at UTM. Read through the chart and create your own plan using My Program Plan found at [www.utm.utoronto.ca/program-plans](http://www.utm.utoronto.ca/program-plans).

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**Program of Study (POSt)**

- Specialist Program ERSPE2470 Neuroscience (Science)

**Check out...**

What is neuroplasticity? Find out in PSY397H5 – a course that examines how brain structures are organized in response to internal and external factors. How do we understand psychological disorders from a biological perspective? Enrol in PSY346H5 and discover the role of genetics, brain structures, and biochemistry in various disorders, along with the implications for prevention or treatment.

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**What can I do with my degree?**

The career you choose will depend on your experience and interests. Visit the Career Centre to explore your career options.

**Career Paths for graduates:** Research technician; Neuropsychologist; Researcher; Medical careers; Veterinarian; Science educator.

**Workplaces:** Educational institutions; Medical/health organizations; Government; Research centres, Industrial research and development.
**NEUROSCIENCE SPECIALIST Program Plan**

### 1ST YEAR
- Enrol in PSY100Y5, BIO152H5, 153H5, CHM110H5, 120H5; and MAT135Y5/135Y5/137Y5/157Y5.
- Use the Degree Explorer Planner and the Academic Calendar to plan your degree. After completion of 4.0 credits you may apply for a program of study (Subject POS) such as a double major in Psychology & Biology.
- Start strong and get informed with uTMONe and LAUNCH through the Centre for Student Engagement (CSE). Join a RGASC Peer Facilitated Study Group.
- Use the Co-Curricular Record (CCR). Search for opportunities beyond the classroom, and keep track of your accomplishments.
- Attend the Get Experience Fair through the Career Centre (CC) to learn about on- and off-campus opportunities.
- Networking simply means talking to people and developing relationships with them. Start by joining the Psychology Association of Undergraduate Students of Erindale (P.A.U.S.E). Make sure to go to P.A.U.S.E Professors Meet & Greet.
- Visit the Psychology Undergraduate Meeting Place (P.U.M.P. Room) in Deerfield Hall, room 2039. Visit the UTM Library Psychology Undergraduate Meeting Place.
- Attend events held by the International Education Centre (IEC), whether you are an international or domestic student. Explore different cultures through food, music, and sport or through sight-seeing around the GTA.
- Attend the Program Selection & Career Options workshop offered by the Office of the Registrar and the CC.
- Check out Careers by Major at the CC to see potential career options.

### 2ND YEAR
- Enrol in courses PSY201H5, 202H5 or equivalent, BIO206H5, 207H5, and PSY90H5. See Second Year Notes for suggested prerequisites for upper year courses. Apply to the Specialist once 8.0 credits have been completed.
- Consider applying for Research Opportunity Program (ROP) courses in Psychology or Biology. Visit the EEU website for ROP Course Prerequisites. Attend the RGASC’s P.A.U.R.T. to enhance your research skills.
- Do you have a professor you really like or connect with? Do you have a professor you really like or connect with? Ask them a question during office hours. Discuss an assignment. Go over lecture material. Don’t be shy! Learn Tips On How to Approach a Professor.
- Establish a professional presence on social media (e.g., LinkedIn).
- Attend the Psychology department’s Colloquium Series, Departmental Brown Bag Series and the Biology department’s Seminar Series to mingle and learn about new scientific discoveries.
- Embark on a UTM Abroad Experience through the IEC. Take advantage of this opportunity to travel as part of a class, or a co-curricular opportunity, and learn about a topic of interest in a unique location.
- Earn credits overseas! Study for a summer, term or year at one of 120 universities. The Psychology department has identified partners who are most relevant to their students. Speak to the Psychology Academic Counsellor PSY400Y5. Speak to the Psychology Academic Counsellor for information.
- Establish a professional presence on social media (e.g., LinkedIn).
- Attend the Psychology department’s Colloquium Series, Departmental Brown Bag Series and the Biology department’s Seminar Series to mingle and learn about new scientific discoveries.
- Explore careers through the CC’s Extern Job Shadowing Program and register through CLN for sessions. Put Your Psychology Degree to Work and Grad School in Psychology sponsored by the department.
- Considering further education? Attend the CC’s Graduate and Professional Schools Fair. Talk to professors – they are potential mentors and references.

### 3RD YEAR
- Attend 1.0 credit from each of the following three streams: Behavioural Neuroscience; Molecular/Cellular Biology; and Neurobiology. See the Academic Calendar to view course listings for these categories.
- Consider applying for Research Opportunity Program (ROP) courses in Psychology or Biology. Visit the EEU website for ROP Course Prerequisites. Attend the RGASC’s P.A.U.R.T. to enhance your research skills.
- Undergraduate throughout your degree:
  - use the Degree Explorer to ensure you complete your degree and program requirements.
  - see the Office of the Registrar and the Psychology Academic Counsellor for assistance.
- Get experience in a research lab! Explore higher-year Research Opportunity Program (ROP) offerings in Psychology and Biology.
- Interested in mental health education? Join the Health & Counselling Centre’s Mental Health & Safety team.
- Earn credits overseas! Study for a summer, term or year at one of 120 universities. The Psychology department has identified partners who are most relevant to their students. Speak to the Psychology Academic Counsellor PSY400Y5. Speak to the Psychology Academic Counsellor for information.
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- What’s your next step after undergrad?
- Market your skills to employers. Get your resume critiqued at the CC. Attend the CC workshop Now That I’m Graduating What’s Next?
- Write a strong application for further education. Attend the CC’s Mastering the Personal Statement workshop.

### 4TH OR FINAL YEAR
- Log on to ACORN and request graduation.

### HOW TO USE THIS PROGRAM PLAN
- Read through each year. Investigate what appeals to you here and in any other Program Plans that apply to you. Visit www.utm.utoronto.ca/program-plans to create your own plan using My Program Plan. Update your plan yearly.
- Visit www.utm.utoronto.ca/program-plans for the online version and links.

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**Notes**
- Consult the Academic Calendar for greater detail on course requirements, program notes and degree requirements.
- Revised on: 6/7/2019

*Updated on: 6/7/2019*

Visit www.utm.utoronto.ca/program-plans for the online version and links.
Skills developed in Neuroscience

To be competitive in the job market, it is essential that you can explain your skills to an employer. Visit the Career Centre to learn how to articulate and market the following skills:

**Communication**: write and speak effectively, as well as inform and explain ideas.

**Research**: design experiments and conduct studies; assemble and analyze data; make observations and comparisons to arrive at valid conclusions

**Critical thinking & problem-solving**: make critical decisions under stressful situations, as well as perceive and understand individual differences.

**Investigative**: understand and identify neurological diseases.

**Technical**: perform laboratory procedures, maintain laboratory equipment and instrumentation; ensure compliance with ethics policies and best practices for research.

Get involved

Check out the 100+ student organizations on campus. Here are a few:

- Psychology Association of Undergraduate Students of Erindale (P.A.U.S.E).
- Erindale Biology Society (EBS)
- UTM Student Union (UTMSU)
- UTM Athletics Council (UTMAC)

For a listing of clubs on campus visit www.utm.utoronto.ca/clubs.

Services that support you

- Accessibility Services (AS)
- Career Centre (CC)
- Centre for Student Engagement (CSE)
- Experiential Education Unit (EEU)
- Health & Counselling Centre (HCC)
- Indigenous Centre (IC)
- International Education Centre (IEC)
- Office of the Registrar (OR)
- Recreation, Athletics and Wellness Centre (RAWC)
- Robert Gillespie Academic Skills Centre (RGASC)
- UTM Library, Hazel McCallion Academic Learning Centre (HMALC)

Department of Psychology

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Mississauga ON Canada L5L 1C6

Academic Counsellor: 905-828-3958
Faculty Advisor: 905-828-5414
www.utm.utoronto.ca/psychology

Admission to UTM

All program areas require an Ontario Secondary School Diploma, or equivalent, with six Grade 12 U/M courses, or equivalent, including English. The admission average is calculated with English plus the next best five courses. The Grade 12 prerequisites this program are Advanced Functions, Biology and Chemistry. The approximate average required for admission is mid- to high-70s. More information is available at utm.utoronto.ca/viewbook.

**NOTE**: During the application process, applicants will select Psychology admissions category, but will not officially be admitted to a formal program of study until after second year (Specialist).

Sneak Peek

What are the principles underlying the study of the nervous system and behaviour? Find out in PSY290H5. What’s in your genes? Take BIO207H5 to find out about the principles of Mendelian inheritance and modern genetics.

Student Recruitment & Admissions

Innovation Complex, Room 1270
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3359 Mississauga Rd
Mississauga ON Canada L5L 1C6

905-828-5400
www.utm.utoronto.ca/future-students