SOCIOLOGY (HBA)

Department of Sociology

Sociology is the systematic study of society and social change. We examine the full spectrum of human experience—from health and education to pop culture, the environment, and social policy. Our courses examine inequalities based on class, race, gender, and sexuality, while also engaging with Indigenous perspectives on sovereignty, justice, and the environment. A key strength of sociology is the sociological imagination—connecting personal experiences with larger social patterns. Through critical thinking, writing, and data analysis, students learn to evaluate quantitative and qualitative evidence, understand social change, and tackle today's pressing issues.

MAKE THE MOST OF YOUR TIME AT UTM!

We want to help you maximize your university experience, so we've pulled together information and interesting suggestions to get you started, although there are many more! As you review the chart on the inside pages, note that many of the suggestions need not be restricted to the year they are mentioned. In fact, activities such as joining an academic society, engaging with faculty and seeking opportunities to gain experience can occur in each year of your study at UTM. Read through the chart and create your own plan using My Program Plan found at www.utm.utoronto.ca/program-plans

Programs of Study (POSt)

- Specialist Program ERSPE1013 Sociology (Arts)
- Major Program ERMAJ1013 Sociology (Arts)
- Minor Program ERMIN1013 Sociology (Arts)

Check out...

Learn how social processes threaten the environment in SOC304H5. Examine the sociology of consumption and consumerism in SOC317H5. Take a deep dive into the "manosphere", masculinity and the internet in SOC409H5.

What can I do with my degree?

The career you choose will depend on your experience and interests. Visit the Career Centre (CC) to explore your career options.

Careers for graduates: Analyst; Case manager; Community worker; Communications specialist; Diversity coordinator; Political aide; Policy advisor; Project Management; Human resources; Researcher; Social program officer; Teacher; Youth outreach worker.

Workplaces: Community organizations; Education; Government; Non-profit organizations; Research and policy institutions; Social service agencies.



SOCIOLOGY MAJOR Program Plan

HOW TO USE THIS PROGRAM PLAN

Read through each year. Investigate what appeals to you here and in any other Program Plans that apply to you.

Visit www.utm.utoronto.ca/program-plans to create your own plan using My Program Plan. Update your plan yearly.



1ST YEAR 2ND YEAR Enroll in SOC100H5 and ISP100H5: Writing for University Enrol in SOC221H5. SOC222H5 and SOC231H5 to and Beyond. Refer to the **Program Entry Requirements** ensure you have the prerequisites for 300- and 400-level website periodically. courses. Interested in an intensive program of study? Submit a Sociology Specialist Subject POSt request after Choose a program of study (Subject POSt) once you **PLAN YOUR** completion of 8.0 credits. complete 4.0 credits. Use the **Degree Explorer** and the Academic Calendar to plan your degree. **ACADEMICS** Throughout your undergraduate degree: Develop academic skills and strategies by enrolling in a utmONE First-Year Foundations Course. Build community and gain academic support through LAUNCH. Use degree and program requirements. the RGASC for writing help and join one of their Peer Facilitated Study Groups. contact the Office of the Registrar and the Sociology Academic Counsellor if you have any questions. Use the Co-Curricular Record (CCR). Search for Develop your research skills in SOC221H5. Learn how to measure concepts such as social characteristics, social opportunities beyond the classroom, and keep track of attitudes and social actions in SOC222H5. your accomplishments. **BUILD SKILLS** Use the Career & Co-Curricular Learning Network (CLNx) Attend the Get Hired Fair through the CC to learn about to find postings that utilize skills gained in your courses on- and off-campus opportunities. for on- and off-campus work and volunteer opportunities, including the Work-Study program. Attend the Experiential Education Fair. Networking simply means talking to people and Connect with your professors! Ask them a question during developing relationships with them. Start by joining the office hours. Enquire about their research and career **BUILD A UTM Sociology and Criminology Society (SCS)**, follow path. Discuss an assignment. Go over lecture material. them on IG @utm.scs and attend their events. Read the EEU's Tips On How to Approach a Professor. **NETWORK** Visit the UTM Library Reference Desk and ask about the Sociology Liaison Librarian. Engage with the many programs offered by the Participate in International Education Week and engage International Education Centre (IEC), whether you are in programs like Global and Intercultural Fluency an international or domestic student. Consider adding Training Series (GIFTS) to build on your leadership and **BUILD A** the **Minor in Global Leadership**. This dynamic minor communication skills in global citizenship. aims to enhance leadership skills and broaden global **GLOBAL**

First-year international students can also take advantage of **THRIVE-IN**, a one-day conference dedicated to helping you start your UTM journey successfully.

Start by exploring the **UTM Career Centre Model**—a chance to reflect and choose what's right for you with guided support. Access MyCareerCentre 24/7 for flexible. interactive career learning at your own pace.

Connect with support in-person:

MINDSET

FOR YOUR

FUTURE

Drop-in to an Academic & Career Planning Session to chat with Advisors and Career Counsellors. Visit the Career Corner in the **Student Services Hub** to chat with a Peer Career Assistant about resources that fit your goals.

use the **Degree Explorer** to ensure you complete your

Take an in-depth look at the major theories and controversies in the field of globalization in SOC236H5. Explore student research at Peel Urbanscapes, part of the

Explore your options with the CC's Job Shadow Program, In the Field, or a one-on-one with a Career Counsellor.

Thinking about grad school? Attend the **Graduate** & Professional School Fair, research application requirements, admission tests, and explore funding

Getting ready for work? Join workshops, drop-ins, and networking events to build experience and confidently share your skills – Register on **CLNx**.

4TH OR FINAL YEAR

Now you can pursue advanced courses in culture, education, gender, health, immigration, indigenous studies, race and more. To fulfill the remaining program requirements, please reference your record in **Degree Explorer** and remember that you are following program requirements as outlined in the **Academic Calendar** the year you joined the program.

3RD YEAR

Personalize your program experience in 4th year by exploring advanced topics that fit your interests! Enrol in a senior seminar course to develop your communication and presentation skills. Investigate the sociological approaches to understanding human action in SOC402H5.

Earn degree and program credit while gaining valuable workplace experience in SOC480Y5, a full-year course that includes a parttime 200-hour internship.

Log on to ACORN and request graduation.

Participate in the RGASC's **Program for Accessing Research Training (PART)** to develop your research skills. Apply for **Research** Opportunity Program (ROP) courses SOC399H5/SOC399Y5 to engage directly in faculty research. Visit the EEU website for ROP Course Prerequisites.

Seek out opportunities that support your goals and enhance your resume. Enrol in a senior seminar course to develop your communication and presentation skills. Earn credit while building your research skills via the Research Opportunity Program courses, SOC499H5 and SOC499Y5.

Establish a professional presence on social media (e.g., Linkedin).

Get published! Submit an article to the UTM SCS Journal "The Society" or apply to work as one of their editors. Attend SCS events such as Coffee & Conversations.

Participate in the **Community Leadership Development Program** as a community leader and gain skills on various competencies while giving back to the community.

Explore Global Sociology through diasporic networks, transnational corporations and social movements in SOC354H5. Examine population structure and dynamics in both the developing and developed world in SOC356H5.

Earn credits while exploring the world on an **Outbound Exchange!** With 140+ partner institutions in over 40 countries, there are endless possibilities to gain international experience and global citizenship before you graduate.

Join a professional association. Check out the Canadian **Sociological Association (CSA)**, an organization with an active student subcommittee.

Go to a conference such as the Congress of the Humanities and Social Sciences

Try a UTM Abroad Experience! Travel with a faculty member and peers to exciting international locations, to expand your learning through fieldwork and connections with local community members.

Engage in programs like ISTEP and THRIVE-OUT to support your transition out of the University!

Need job search support? Book a coaching appointment with an **Employment Strategist** for personalized guidance.

Ready to take the next step for grad school, visit the Pursue Learning section on MyCareerCentre and drop-in to chat with a Career Counsellor about grad school prep tips.

Want to grow your network? Attend the Career Centre Networking Series and Let's Talk About events — Register on CLNx.

Join the Now That I'm Graduating, What's Next? session to start building your job search plan. Attend the Sweats to Suits Job Search **Conference** and discover diverse career pathways.

Work with the **Employment Strategist** team to review your resume and prep for interviews.

Still figuring things out? Meet with a Career Counsellor to create a career plan and attend a Career Wellness session to support your well-being along the way.

Revised on: 05/28/2025

^{*}Consult the Academic Calendar for greater detail on course requirements, program notes and degree requirements.

SOCIOLOGY

Skills developed in Sociology

To be competitive in the job market, it is essential that you can explain your skills to an employer. Visit the Career Centre to learn how to articulate and market the following skills:

Communication: develop and write research papers; articulate concepts and ideas; present data using graphs, tables and diagrams; summarize findings; public speaking; and actively listen and engage in discussions

Research & technical: plan and conduct research using appropriate methodologies; collect data ethically; analyze quantitative and qualitative data; and use statistical software packages

Critical thinking & problem-solving:

analyze social phenomena and structures; evaluate major sociological concepts, theories and debates; reflect on historical and contemporary social issues; and synthesize information; identify problems and develop solutions, including policy, recommendations and change orientation

Organizational: identify goals; manage time; multitask; and work independently and collaboratively with others

Get involved

Check out the 100+ student organizations on campus. Here are a few:

- UTM Sociology and Criminology Society (SCS)
- UTM Student Union (UTMSU)
- UTM Athletics Council (UTMAC)

For a listing of clubs on campus visit

Student Groups and Societies Directory

Services that support you

- Accessibility Services (AS)
- Career Centre (CC)
- Centre for Student Engagement (CSE)
- Equity, Diversity & Inclusion Office (EDIO)
- Experiential Education Unit (EEU)
- Health & Counselling Centre (HCC)
- International Education Centre (IEC)
- Office of the Registrar (OR)
- Recreation, Athletics and Wellness Centre (RAWC)
- Robert Gillespie Academic Skills Centre (RGASC)
- UTM Library, Hazel McCallion Academic Learning Centre (HMALC)

Department of Sociology

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www.utm.utoronto.ca/sociology



FUTURE STUDENTS

Admission to UTM

All program areas require an Ontario Secondary School Diploma, or equivalent, with six Grade 12 U/M courses, or equivalent, including English. The admission average is calculated with English plus the next best five courses. The approximate average required for admission is mid- to high-70s. More information is available at

utm.utoronto.ca/viewbook.

NOTE: During the application process, applicants will select Social Sciences admissions category but will not officially be admitted to a formal program of study (Specialist, Major, and/or Minor) until after first year.

Sneak Peek

Discover our Indigenous Studies offerings: SOC228H5 Introduction to Indigenous Studies; SOC358H5 Indigenous People: Legal Orders and Law; SOC388H5 Race and Indigeneity; SOC415H5 Senior Seminar in Indigenous Studies; SOC451H5 Settler Colonialism and Health; SOC455H5 Comparative Indigenous Politics.

Our department spearheads the Peel Social Lab (PSL): a lab dedicated to gathering, storing, analyzing and sharing data on the UTM and broader Peel region, which fosters experiential learning opportunities for students. By incorporating data-gathering efforts into undergraduate sociology classes, the PSL gives students hands-on experience in research design and analysis conducted on Peel region society. Such work provides students with valuable research skills, while also helping students establish contacts within the wider Peel region.

Student Recruitment & Admissions

Innovation Complex, Room 1270 University of Toronto Mississauga 3359 Mississauga Rd Mississauga ON Canada L5L 1C6

905-828-5400

www.utm.utoronto.ca/future-students

