

Register Online

Step 1: Register online

- Visit <http://mysunlife.ca/> and click **register**.
- Enter your date of birth as day/month/year.
- Select Canada as your country of residence and enter your postal code.
- Click on health/dental benefits

Step 2: Enter your details

- Your contract/policy number is 050150.
- Your member ID is U+ your student number (example: U1000123321).
- Click **Next**

Step 3: Get your registration code

- Click on need a registration code. If your email address is on file, a code will be emailed to you.
- Open the email from Sun Life containing your registration code.

Step 4: Access your account

- Return to <http://mysunlife.ca/>
- Enter your registration code and click **Next**.
- Create a password and select a security question.
- Access your account

Eligibility

University Health Insurance Plan (UHIP) is a mandatory health insurance plan for international fee-paying students and exchange students. Students are automatically enrolled and the coverage charge will be posted to ACORN. Learn more about UHIP at uhip.ca

New permanent residents or returning Canadians can opt-in to UHIP for the three-month waiting period before your Ontario Health Insurance Plan (OHIP) coverage becomes effective.

UHIP Coverage

UHIP will pay up to \$1,000,000 a year to each plan member (you and your registered dependents) for the cost of eligible medically necessary health services and medical treatments. This may include:

- Hospital and physician services
- Surgery – including the administration of anesthetics
- Ambulance
- Diagnostic and laboratory services
- Gynaecological exams
- Pregnancy related health care

Be sure to have a paper copy of your card with you when visiting a doctor's office or hospital.

Please note that UHIP only covers medical expenses within Ontario.

If you are traveling to another province or country, be sure you have appropriate travel insurance and coverage.

Contact us at international.utm@utoronto.ca or 905-569-4716 if you need health insurance support.