

AFTER HOURS / CLOSURE RESOURCES

In case of an acute emergency dial 9-1-1 or visit your nearest emergency room.

The Credit Valley Hospital 2200 Eglinton Avenue West Mississauga, ON L5M 2N1 Phone: <u>(905) 813-2200</u>	Mississauga Hospital 100 Queensway West Mississauga, ON L5B 1B8 Phone: <u>(905) 848-7100</u>	Brampton Civic Hospital 2100 Bovaird Drive East, Brampton, ON L6R 3J7 Phone: <u>(905) 494 2120</u>
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To ensure daily availability or hours of operation, please call beforehand

<u>VOAK - Urgent care and Walk-in-clinic</u> 438 Iroquois Shore Road, Oakville, Tel: <u>905-822-2020</u> 8:00am-8:00pm, Mon-Sat, closed Sun and Christmas Day Free Parking	<u>Appletree Medical – Accepts UHIP</u> https://appletreemedicalgroup.com , Tel: <u>647-722-2370</u> Multiple clinics in Mississauga, Brampton, Toronto, wait times are listed on their website Accepts UHIP - \$15 co-pay for visit
<u>South Common Mall Walk-n Clinic</u> 2110 Burnhamthorpe Rd W, Unit 3 Mississauga, ON, L5L 5Z5 Phone: <u>(905)-820-3209</u> Mon, Tue, Wed, Thur, Fri 9:30am-5:00pm Saturday 9:30 am-1:00pm, Sunday closed Visit Fee \$75.00 if no Ontario Health Card Sick Note \$30.00 or above – sick note not guaranteed.	<u>Hamilton Health Services – Accepts UHIP</u> King Campus Urgent Care 2757 King St E, Hamilton, <u>Tel:905-522-1155</u> 8am-10pm, 7 days a week Main St. West Urgent Care 690 Main St. W, Hamilton, <u>Tel:905-521-2100</u> 9:00am-9:00pm, 7 days a week Accepts UHIP, no up-front costs. Must bring UHIP card and claim form.
<u>Urgent Care centre https://urgentcarecentre.ca/</u> Multiple locations in Mississauga, Brampton, and Etobicoke, Tel: <u>416-741-2273</u> Mon-Fri 10:00am-10:00pm, Sat and Sun 10:00am-6:00pm Visit Fee \$75.00 or above if no Ontario Health Card	<u>Hurontario Square Medical Centre</u> 2500 Hurontario (Dundas), Mississauga, Tel: <u>905-897-6160</u> Mon, Tues, Thurs, Fri 9:00am-7:00pm, Wed 9:00am-3pm Saturday 10:00-3:00pm, Sunday closed Visit Fee \$75 if no Ontario Health Card

Sexual Health Clinics

Peel Public Health - Accepts UHIP 325 Central Parkway West, Mississauga Tel:905-270-0587 By appointment ONLY Accepts UHIP, no up-front costs. Must bring UHIP card and claim form.	Toronto Public Health - Accepts UHIP Multiple Locations, By appointment ONLY Accepts UHIP, no up-front costs. Must bring UHIP card and claim form.
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Need a COVID Test?

<u>William Osler COVID-19 Cold & Flu Clinic - Peel Memorial Centre for Integrated Health & Wellness – Accepts UHIP</u> 20 Lynch St. Brampton, Tel: <u>905-494-2120</u> , 8:00am-9:00pm 7 days a week. COVID testing for symptomatic patients only, will not see anyone who is asymptomatic. No appointment or referral is needed, walk in's accepted. Accepts OHIP, UHIP or uninsured
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UHIP Students - Ensure you have your coverage card with you at all times.

Please notify the Sun Life Call Centre at 1.888.206.9004 if you or your dependent is admitted to the hospital for more than 48 hours.

You or your health care provider can always [contact Sun Life](#) for additional details about what is covered by your plan.

Please call 1-888-206-9004 Monday - Friday, 8 a.m. - 8 p.m. ET

The following telephone services are available 24 hours a day, 7 days a week:

24/7 Crisis Support peel (CMHA): 905-278-9036

They help stabilize and support those in mental health and addiction crisis, a crisis support worker will speak to you over the telephone to assess the nature of the crisis and to put a plan in place to ensure safety and support.

My SSP: 1-844-451-9700 OR Outside of North America: 001-416-380-6578

24/7 access to mental health support for international Students / multilingual

Good2Talk: 1-866-925-5454

Offers free, confidential and anonymous professional counselling, mental health information and connections to local resources for college and university students

Spectra Helpline/ Distress Center of Greater Toronto (Multilingual) 24/7: 905-459-777

(Brampton & Mississauga) 1-877-298-5444 (Caledon) / 905-278-4890 (TTY)

Community Support Services provides the Region of Peel a 24/7 anonymous and confidential multilingual Distress and Crisis line service

Hope Place /Sexual Assault Center of Peel: 1-800-810-0180

Offers 24-hour crisis line, online chat, and in-person counselling and support, referrals, information about sexual abuse and assault.

Interim Place: 905-403-0864

Provides shelter, support, counselling and advocacy to help abused women and their children

Distress Center Peel: 905-278-7208 24-hour telephone support, crisis intervention and suicide prevention involving individuals who are suffering from mental or emotional illnesses ranging from depression to irrational behavior

Telehealth Ontario: 1-866-797-0000

Offers health advice and general health information from a Registered Nurse

Poison Control: 1-800-268-9017

Free & Confidential health advice about medications/plants and other substances that can make you ill.