

AFTER HOURS / CLOSURE RESOURCES

In case of an acute emergency dial 9-1-1, or visit your nearest emergency room.

The Credit Valley Hospital 2200 Eglinton Avenue West Mississauga, ON L5M 2N1 Phone: (905) 813-2200	Mississauga Hospital 100 Queensway West Mississauga, ON L5B 1B8 Phone: (905) 848-7100	Brampton Civic Hospital 2100 Bovaird Drive East, Brampton, ON L6R 3J7 Phone: (905) 494 2120
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To ensure daily availability or hours of operation, please call beforehand

<p><u>Trillium Urgent Care Clinic (accepts UHIP)*</u> 150 Sherway Dr. Toronto, ON Phone: 416-521-4025 Sun to Sat: 8:00am-10:00pm, including Stat Holidays</p> <p>*This clinic accepts your UHIP card (just like the HCC), as long as you bring a printed copy of your coverage card, and a Sun Life claim form with you.*</p>	<p><u>Apple Tree Medical Clinic (accepts UHIP)*</u> Phone: 647-722-2370 Call for the closest clinic, and current wait times.</p> <p>*This clinic accepts your UHIP card (just like the HCC), as long as you bring a printed copy of your coverage card, and a Sun Life claim form with you.*</p>
<p><u>South Common Mall Walk-n Clinic</u> 2110 Burnhamthorpe Rd W, Unit 3, Mississauga, ON Phone:(905) 472-8911 Mon to Fri: 9:30am-9:00pm Sat: 9:30am-6:00pm, Sun: 10:30am-5:00pm Visit Fee \$75.00 CASH ONLY if you do not have a valid Ontario Health Card If you need a form completed, and do not have a preprinted copy, it is an additional \$30.00</p>	<p><u>Dundas Medical Center</u> 1224 Dundas St W, Mississauga, ON Phone: 905-275-1111 Mon & Wed: 10:00am-6:00pm Tue & Thu: 9:00am-4:00pm, Fri: 10:00am-3:00pm Alternate Sat's 10:00am-3:00pm Visit Fee \$60.00 CASH ONLY if you do not have a valid Ontario Health Card</p>
<p><u>Queentario Medical Centre</u> (Hurontario & Queensway) 2325 Hurontario St, Mississauga, ON Phone: 905-270-8307 Mon to Sat: 9:00am to 8:00pm Visit Fee \$50.00 CASH ONLY if you do not have a valid Ontario Health Card</p>	<p><u>Health Plus Medical Center</u> 5010 Glen Erin Drive, Mississauga, ON Phone: 905-828-8277 Mon to Fri: 10:00am-6:00pm Every other Saturday, please call for hours of operation Visit Fee \$60.00 CASH ONLY if you do not have a valid Ontario Health Card Call beforehand to book an appointment time.</p>

Ensure you have your health card or coverage card with you at all times.

In case of emergency, please call 911 and/or go to the nearest hospital. If your medical concern is non-urgent, please visit the nearest clinic as hospital waiting times can be long.

UHIP

Please notify the Sun Life Call Centre at 1.888.206.9004 if you or your dependent is admitted to the hospital for more than 48 hours.

You or your health care provider can always [contact Sun Life](#) for additional details about what is covered by your plan. Please call 1-888-206-9004 Monday - Friday, 8:00am – 8:00pm ET

The following telephone services are available 24 hours a day, 7 days a week

24/7 Crisis Support peel (CMHA): 905-278-9036

They help stabilize and support those in mental health and addiction crisis, a crisis support worker will speak to you over the telephone to assess the nature of the crisis and to put a plan in place to ensure safety and support.

Good2Talk: 1-866-925-5454

Offers free, confidential and anonymous professional counselling, mental health information and connections to local resources for college and university students

My Student Support Program (My SSP) | 1-844-451-9700

My SSP (keep.meSAFE) offers students immediate and confidential access to culturally relevant counselling in their native language, day or night. Students have the option of connecting with a professional counsellor via an app or by mobile phone, online chat, video, email or in person. Available 24/7 for all University of Toronto students.

Spectra Helpline/ Distress Center of Greater Toronto (Multilingual) 24/7:

905-459-777 (Brampton & Mississauga) / **1-877-298-5444** (Caledon) / **905-278-4890 (TTY)**

Community Support Services provides the Region of Peel a 24/7 anonymous and confidential multilingual Distress and Crisis line service

Distress Center Peel: 905-278-7208

24 hour telephone support, crisis intervention and suicide prevention involving individuals who are suffering from mental or emotional illnesses ranging from depression to irrational behavior.

Sexual Assault Center of Peel: 1-800-810-0180

Offers 24-hour crisis line, online chat, and in-person counselling and support, referrals, information about sexual abuse and assault.

Interim Place: 905-403-0864

Provides shelter, support, counselling and advocacy to help abused women and their children

Mobile Peel Crisis Services: 905-278-9036

If you are in a mental health crisis, we can help. Open 24 hours a day, 7 days a week. Includes a crisis telephone line, mobile crisis team, and follow-up short-term counselling as required.

Telehealth Ontario: 1-866-797-0000

Offers health advice and general health information from a Registered Nurse

Poison Control: 1-800-268-9017

Free & Confidential health advice about medications/plants and other substances that can make you ill