



UNIVERSITY OF TORONTO

MISSISSAUGA

Centre for Child Development, Mental Health, and Policy

We are looking for **COMMUNITY ADVISORS!**

Number of positions: 4
Time commitment: 1 year beginning March 2023
Compensation: \$5,000 honorarium



About the CCDMP

The [Centre for Child Development, Mental Health, and Policy \(CCDMP\)](#) at the University of Toronto Mississauga is working towards fostering every child's healthy development and potential for kindness, both locally and globally. To achieve our vision, we conduct research that advances a holistic understanding of children and generates services and practice solutions to enhance their potential and healthy development.

Our centre unites child development and child mental health specialists from diverse backgrounds in an environment that inspires innovations in research, practice, and policy to promote the mental health and potential of all children.

Project Background

Black and Indigenous communities experience disproportionate mental health, service accessibility, and pandemic-related challenges. Social-emotional capacities (e.g., emotion regulation, empathy, relationship building) support mental health in marginalized children and families experiencing adversity.

Our project aims to develop and test a community-led virtual training approach for early years and child care service providers to support Black and Indigenous children and families in Peel. The training will be rooted in our social-emotional research program of 20 years.

Community Advisor Role

We are seeking four (4) Community Advisors to play a key role in this intervention initiative in the Peel Region.



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The Community Advisors will have experience in:

- serving or working with Black and/or Indigenous communities, and/or have lived experience as a member of such communities
- the early years, education, or public health sectors

This would be a great opportunity for those who are committed to community engagement and adult education, and who have a keen interest in mental health research and resource development.

What you would be doing

- Work with the CCDMP research team to adapt our social-emotional training to ensure that the content addresses and reflects the strengths and needs of Black and Indigenous communities in Peel.
- Attend monthly online meetings with associated tasks to be completed in between meetings at your own pace.
- Co-facilitate 4 training sessions in January and February 2024 (dates TBD). These sessions include three 1-hour module sessions and two 45-minute follow-up sessions.

Dates and times of training may include evenings and weekends.

Community Advisors should be able to arrange their own travel within the Peel Region as sessions may be in-person.

How to get involved

If you are interested in this role or have questions, please contact Dr. Ruthie Speidel at raise.ccdmp@utoronto.ca by February 20, 2023.