

# Men's and Women's OCAA Regional Indoor Soccer Championships

Wednesday, March 8, 2017 at the Ontario Soccer Centre in Vaughan

## Women's Pool C

Conestoga  
Lakehead Orillia  
St. Clair  
St. Lawrence Kingston

## FIELD A

## Men's Pool C

Seneca  
St. Clair  
St. Lawrence Kingston  
UTM

## FIELD C

Men or Women	TIME	HOME	AWAY	Men or Women	TIME	HOME	AWAY
W	9:30AM	Conestoga	St. Lawrence Kingston	W	9:30AM	Lakehead Orillia	St. Clair
M	10:30AM	Seneca	UTM	M	10:30AM	St. Clair	St. Lawrence Kingston
W	11:30AM	Conestoga	St. Clair	W	11:30AM	St. Lawrence Kingston	Lakehead Orillia
M	12:30PM	Seneca	St. Lawrence Kingston	M	12:30PM	UTM	St. Clair
W	1:30PM	Lakehead Orillia	Conestoga	W	1:30PM	St. Clair	St. Lawrence Kingston
M	2:30PM	St. Clair	Seneca	M	2:30PM	St. Lawrence Kingston	UTM



**MEN'S AND WOMEN'S POOL C REGIONALS WILL BE PLAYED AT THE ONTARIO SOCCER ASSOCIATION IN VAUGHAN**

***NOTE- Bus will depart UTM at 8:30 am on Wednesday, March 8th***

### **Ontario Soccer Centre:**

The OSA Centre address is 7601 Martin Grove Road, Vaughan.

### **OSA Field House:**

- Each Field 60 Meters long 30 Meters Wide
- Goal Nets are 6.5ft High x 12ft Wide
- **No Food or Drink is allowed in the field house, except water.**
- Only Game Balls will be provided.

### **Footwear:**

Indoor Soccer Shoes, Outdoor Cleats or Running shoes are permitted.

### **Dressing Rooms:**

Each team will have a dressing room for the day. Please check in with me once you arrive and I will delegate each team a dressing room.

### **Spectators:**

No spectators will be allowed on the field before, during or prior to the game. There is standing room above the fields where they can watch.

**Players, Coaches, Trainers will only be allowed access to the field. They can gain access through the doorway leading from the dressing rooms.**

### **Services and Hospitality:**

There are several fast food restaurants less than 5 min. from the centre. (Subway, Gino's Pizza, Wendys, Tim Hortons, Pita Pit).

### **Athletic Therapist:**

An Athletic Therapist will be on site for the entire tournament. Any players requiring taping must provide their own supplies. If you are not sending a Therapist with your team, please contact Kristen Wells at [athletictherapist@conestogac.on.ca](mailto:athletictherapist@conestogac.on.ca)

## Rule Reminders

- Standard OCAA Indoor Soccer Rules Apply
- 2x 20 Min. Periods with a 2 min. half time
- Teams are allowed to warm up on the middle field
- Blue Cards will be used to show a 2 min. Penalty
- Penalized players must stand at the 4<sup>th</sup> Official's Table for entire time of the penalty
- OCAA Tie Breaking Procedures will be used
- The Clock will be stopped the last 2 min. of the 2<sup>nd</sup> half, and the Match Official will be in control of the remaining time
- Only players that are on the Official Declaration List prior to the start of the Regional Tournaments are eligible to participate in Regionals and or Provincials.
- A team is permitted to dress a maximum of 16 players. These 16 players must be declared prior to the first game at Regionals.
- A different 16 players may play at Provincials, but they must be on the Dec. List before Regionals.
- Staff on the bench include 1 head coach, 3 assistant coaches and 1 Medical staff. These names must be on the Declaration List and Roster.

**Uniforms:** Teams shall have 2 sets of jerseys (one light, one dark). Team members are permitted to wear spandex or long thermal underwear of a uniform color throughout the OCAA Indoor Soccer Season. Undershorts are to be the same main color as the shorts. Undershirts must be the same main colour as the jersey sleeve.

**Socks:** if tape or similar material is applied externally it must be the same colour as the part of the sock it is applied to.

**Players not complying will not be allowed to enter the field until the match officials are satisfied that the equipment conforms to the Laws of the Game.**