### Strength and Conditioning Coach

The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of color, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.

<table>
<thead>
<tr>
<th><strong>Deadline to apply:</strong></th>
<th><strong>December 3, 2018</strong></th>
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<tbody>
<tr>
<td><strong>Number of Positions:</strong></td>
<td><strong>1-2</strong></td>
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<tr>
<td><strong>Rate of Pay:</strong></td>
<td><strong>$20-30 per hour</strong></td>
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<tr>
<td><strong>Position Start Date:</strong></td>
<td><strong>January 2019</strong></td>
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<tr>
<td><strong>Position End Date:</strong></td>
<td><strong>April 2019</strong></td>
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<tr>
<td><strong>Number of Hours per Week:</strong></td>
<td><strong>10-20 hours per week</strong></td>
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<td><strong>Classification:</strong></td>
<td><strong>Casual-Non Union</strong></td>
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**Summary:** Reporting to the Fitness Program Assistant – Strength and Conditioning:
- Assists the Strength and Conditioning Program Assistant through program design, implementation, supervision, and monitoring of the strength and conditioning programs for UTM Varsity Eagles Teams
- Work with Athletic Therapy staff to ensure that injury rehabilitation is considered in athlete's training programs
- Communicate regularly with the Program Assistant- Strength and Conditioning, coaches, student-athletes and other professionals to ensure short and long-term student athlete success
- Assists the Program Assistant –Strength and Conditioning to implement and grow performance-training services for University of Toronto Mississauga students and the community
- Explain and demonstrate strength and conditioning techniques as well as make modifications appropriate to the level of the participants
- Must demonstrate professionalism by; starting and ending sessions on-time, following safe practices, maintaining records and generating reports, and keeping certifications current

**Minimum Qualifications:**

**Education:**
- Bachelor’s degree in related field

**Certifications:**
- NSCA – CSCS
- Current Standard First Aid & CPR C
- Certified Athletic Therapist CAT(C) – Preferred, but not required

**Experience:**
- At least 1 years’ experience working with high performance level athletes
- Strong background in Soccer, Basketball, Badminton, and/ or Cross-Country Running
**Method of Application:**

Please send your resume, covering letter, copies of certifications and two references to: [Darren.Turner@utoronto.ca](mailto:Darren.Turner@utoronto.ca)

We thank all applicants for their interest: however only those applicants selected for further consideration will be contacted.

**Contact Information:**

Darren Turner  
Fitness Program Assistant – Strength and Conditioning  
[Darren.Turner@utoronto.ca](mailto:Darren.Turner@utoronto.ca) | (905) 828-5298  
University of Toronto Mississauga  
Recreation, Athletic & Wellness Centre  
3359 Mississauga Road  
Mississauga, ON L5L 1C6

**Date Posted:** November 16, 2018