



DEPARTMENT OF RECREATION, ATHLETICS & WELLNESS

PERSONAL TRAINER INSTRUCTORS	
<p>The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of color, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.</p>	
Deadline to apply:	Nov 26, 2021
Number of Positions:	2-4 positions
Rate of Pay:	\$20.00 – \$25.00 per hour (based on years of experience, training credentials / education & demonstrated competency)
Position Start Date:	January 2022
Position End Date:	April 30, 2022
Number of Hours per Week:	10-20 per week (additional hours may be available based on demand for training services)
Classification:	Casual-Non Union
Summary:	<p>Reporting to the Supervisor, Recreation and Fitness (or Fitness Program Assistant) the incumbent will:</p> <ul style="list-style-type: none"> • Be responsible for leading safe, educational exercise to a diverse clientele • Must demonstrate knowledge of the exercise type being taught • Must demonstrate the ability to explain and teach techniques at the appropriate level of client/members needs • Lead members through tours of the facility • Provide orientations of exercise equipment • Promote personal training and registered programs to members • Lead small group training and exercise routines • Instruct / substitute group fitness classes • Exceptional and equitable customer service to a diverse clientele • Professional and caring personality when dealing with members/clients • Ability to remain calm and diplomatic in stressful situations • Support Fitness Program staff with other duties as required <p>The instructor must demonstrate professionalism:</p> <ul style="list-style-type: none"> • Keep certifications/memberships current • Arrive promptly for clients/shifts • Start and end sessions on time • Record attendance (software) and report facility/equipment breakdowns • Respect all staff and members and follow safe, respectful and equitable practices • Attend professional workshops (if available)



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<p>Minimum Qualifications:</p>	<p>Education:</p> <ul style="list-style-type: none"> • Training or experience in fitness/sport leadership or coaching • Some post-secondary preferred <p>Certifications:</p> <ul style="list-style-type: none"> • At least one recognized fitness certification: PTS, CPTN, CSEP-PTS • Current standard First Aid & CPR C, AED • Assets but not required: NSCA-CSCS, recognized Group Fitness certification <p>Experience:</p> <ul style="list-style-type: none"> • 2-3 Years' experience teaching personal/group training sessions • Experience promoting personal training services and programs • Experience consulting clients and leading fitness assessments/testing
<p>Method of Application:</p>	<p>Please send your resume, covering letter, copies of certifications and three references to: Andrew.bellerby@utoronto.ca</p> <p>Please also include:</p> <ul style="list-style-type: none"> • your availability (on weekdays, evenings, and/or weekends) • number of hours desired (for example 10-15) • copy of all certifications <p>We thank all applicants for their interest in the Personal Training Instructor: however only those applicants selected for further consideration will be contacted.</p>
<p>Contact Information:</p>	<p>Andrew Bellerby Supervisor, Recreation and Fitness Andrew.bellerby@utoronto.ca (905) 569-4655 University of Toronto Mississauga Recreation, Athletic & Wellness Centre 3359 Mississauga Road Mississauga, ON L5L 1C6</p>
<p>Date Posted:</p>	<p>November 5, 2021</p>