**PERSONAL TRAINER INSTRUCTORS**

The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of color, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.

<table>
<thead>
<tr>
<th>Deadline to apply:</th>
<th>January 3, 2022</th>
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<tbody>
<tr>
<td>Number of Positions:</td>
<td>2-4 positions</td>
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<tr>
<td>Rate of Pay:</td>
<td>$20.00 – $25.00 per hour (based on years of experience, training credentials / education &amp; demonstrated competency)</td>
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<td>Position Start Date:</td>
<td>January 2022</td>
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<td>Position End Date:</td>
<td>April 30, 2022</td>
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<tr>
<td>Number of Hours per Week:</td>
<td>10-20 per week (additional hours may be available based on demand for training services)</td>
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<td>Classification:</td>
<td>Casual-Non Union</td>
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| Summary: | Reporting to the Supervisor, Recreation and Fitness (or Fitness Program Assistant) the incumbent will:  
  - Be responsible for leading safe, educational exercise to a diverse clientele  
  - Must demonstrate knowledge of the exercise type being taught  
  - Must demonstrate the ability to explain and teach techniques at the appropriate level of client/members needs  
  - Lead members through tours of the facility  
  - Provide orientations of exercise equipment  
  - Promote personal training and registered programs to members  
  - Lead small group training and exercise routines  
  - Instruct / substitute group fitness classes  
  - Exceptional and equitable customer service to a diverse clientele  
  - Professional and caring personality when dealing with members/clients  
  - Ability to remain calm and diplomatic in stressful situations  
  - Support Fitness Program staff with other duties as required  

The instructor must demonstrate professionalism:  
  - Keep certifications/memberships current  
  - Arrive promptly for clients/shifts  
  - Start and end sessions on time  
  - Record attendance (software) and report facility/equipment breakdowns  
  - Respect all staff and members and follow safe, respectful and equitable practices  
  - Attend professional workshops (if available) |
**Minimum Qualifications:**
- **Education:**
  - Training or experience in fitness/sport leadership or coaching
  - Some post-secondary preferred
- **Certifications:**
  - At least one recognized fitness certification: PTS, CPTN, CSEP-PTS
  - Current standard First Aid & CPR C, AED
  - Assets but not required: NSCA-CSCS, recognized Group Fitness certification
- **Experience:**
  - 2-3 Years’ experience teaching personal/group training sessions
  - Experience promoting personal training services and programs
  - Experience consulting clients and leading fitness assessments/testing

**Method of Application:**
Please send your resume, covering letter, copies of certifications and three references to: Andrew.bellerby@utoronto.ca
Please also include:
- your availability (on weekdays, evenings, and/or weekends)
- number of hours desired (for example 10-15)
- copy of all certifications

We thank all applicants for their interest in the Personal Training Instructor: however only those applicants selected for further consideration will be contacted.

**Contact Information:**
Andrew Bellerby  
Supervisor, Recreation and Fitness  
Andrew.bellerby@utoronto.ca  
(905) 569-4655  
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Mississauga, ON L5L 1C6

**Date Posted:** November 5, 2021