The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of color, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.

<table>
<thead>
<tr>
<th><strong>Deadline to apply:</strong></th>
<th>July 29, 2022</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Number of Positions:</strong></td>
<td>2-4 positions</td>
</tr>
<tr>
<td><strong>Rate of Pay:</strong></td>
<td>$15.50 per hour</td>
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<tr>
<td><strong>Position Start Date:</strong></td>
<td>Sept 6, 2022</td>
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<tr>
<td><strong>Position End Date:</strong></td>
<td>Dec 20, 2022</td>
</tr>
<tr>
<td><strong>Number of Hours per Week:</strong></td>
<td>Up to 10 hours per week. Must be willing to work varying day, evening and possible weekends</td>
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<tr>
<td><strong>Classification:</strong></td>
<td>Instructor, Non-Union Casual</td>
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**Summary:** Reporting to the Fitness Program Specialist and supervised by the Supervisor, Recreation and Fitness, the incumbent is responsible for:

- Shadowing and assisting certified trainers as they teach safe and educational exercises to a diverse clientele individually and in small groups
- Shadowing and assisting certified instructors in group fitness classes
- Must demonstrate eagerness to learn about exercise, anatomy, program design, coaching skills and exercise technique
- Must foster the ability to explain and teach techniques at the appropriate level of client/members needs
- Leading members through tours of the fitness facilities
- Demonstrating competency in teaching the use of exercise equipment
- Exceptional and equitable customer service to a diverse clientele
- Professional and caring personality when dealing with members/clients
- Ability to remain calm and diplomatic in stressful situations
- Support Fitness Program staff with other duties as required

The instructor must demonstrate professionalism:

- Arrive promptly for shifts in athletic attire, including uniform provided
- Record attendance (software) and report facility/equipment breakdowns
- Respect all staff and members, while following safe and equitable practices
- Communicate through email promptly and professionally

**Qualifications:**

**Education:**
- Training or experience in fitness/sport leadership or coaching
- Education in kinesiology, human physiology, anatomy, or exercise science is desired
- Attend and participate in workshops, seminars and training offered by Fitness Program staff

**Certifications:**
- Completion canfitpro PTS certification (or approved alternative) before the end of contract date
- Existing fitness instruction certification is an asset
- Certification in First Aid Standard & CPR*

**Experience:**
- Must have a passion for fitness
- Experience in fitness or coaching is an asset
| **Method of Application:** | Please send your resume, covering letter, copies of certifications and three references to: Andrew.bellerby@utoronto.ca  
We thank all applicants for their interest in the Personal Training Instructor: however only those applicants selected for further consideration will be contacted. |
| **Contact Information:** | Andrew Bellerby  
Supervisor, Recreation and Fitness  
Andrew.bellerby@utoronto.ca | (905) 569-4655  
University of Toronto Mississauga - Recreation, Athletic & Wellness Centre  
3359 Mississauga Road  
Mississauga, ON L5L 1C6 |
| **Date Posted:** | May 10, 2022 |

*If you are not currently certified in Standard First Aid & CPR, training will be offered for UTM students to register*