The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of color, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.

<table>
<thead>
<tr>
<th><strong>Deadline to apply:</strong></th>
<th>June 17, 2022</th>
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<tbody>
<tr>
<td><strong>Number of Positions:</strong></td>
<td>1-2 positions</td>
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<tr>
<td><strong>Rate of Pay:</strong></td>
<td>$25.00 – $30.00 per hour (based on years of experience, training credentials / education &amp; demonstrated competency)</td>
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<tr>
<td><strong>Position Start Date:</strong></td>
<td>July 4, 2022</td>
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<tr>
<td><strong>Position End Date:</strong></td>
<td>September 3, 2022</td>
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<tr>
<td><strong>Number of Hours per Week:</strong></td>
<td>Varies (based on demand for training services)</td>
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<tr>
<td><strong>Classification:</strong></td>
<td>Casual-Non Union</td>
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**Summary:**
Reporting to the Supervisor, Recreation and Fitness (or Fitness Program Specialist) the incumbent will:

- Be responsible for leading safe, educational exercise to a diverse clientele
- Must demonstrate knowledge of the exercise type being taught
- Must demonstrate the ability to explain and teach techniques at the appropriate level of client/members needs
- Lead members through tours of the facility
- Provide orientations of exercise equipment
- Promote personal training and registered programs to members
- Lead small group training and exercise routines
- Instruct / substitute group fitness classes
- Exceptional and equitable customer service to a diverse clientele
- Professional and caring personality when dealing with members/clients
- Ability to remain calm and diplomatic in stressful situations
- Support Fitness Program staff with other duties as required

The instructor must demonstrate professionalism:

- Keep certifications/memberships current
- Arrive promptly for clients/shifts
- Start and end sessions on time
- Record attendance (software) and report facility/equipment breakdowns
- Respect all staff and members and follow safe, respectful and equitable practices
- Attend professional workshops (if available)

**Education:**
- Training or experience in fitness/sport leadership or coaching
- Some post-secondary preferred

**Certifications:**
- At least one recognized fitness certification: PTS, CPTN, CSEP-PTS
- Current standard First Aid & CPR C, AED
**DEPARTMENT OF RECREATION, ATHLETICS & WELLNESS**

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<thead>
<tr>
<th>Requirements</th>
<th>Experience:</th>
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<tr>
<td>Assets but not required: NSCA-CSCS, recognized Group Fitness certification</td>
<td>• 3-5 Years’ experience teaching personal/group training sessions*</td>
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<td>• Experience promoting personal training services and programs</td>
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<td>• Experience consulting clients and leading fitness assessments/testing</td>
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<td>*candidates with 1-3 years’ experience may be considered and compensated accordingly</td>
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</tbody>
</table>

**Method of Application:**

Please send your resume, covering letter, copies of certifications and three references to: Andrew.bellerby@utoronto.ca

Please also include:

• your availability (on weekdays, evenings, and/or weekends)
• number of hours desired (for example 10-15)
• copy of all certifications

We thank all applicants for their interest in the Personal Training Instructor: however only those applicants selected for further consideration will be contacted.

**Contact Information:**

**Andrew Bellerby**  
Supervisor, Recreation and Fitness  
Andrew.bellerby@utoronto.ca  
(905) 569-4655  
University of Toronto Mississauga - Recreation, Athletic & Wellness Centre  
3359 Mississauga Road  
Mississauga, ON L5L 1C6

**Date Posted:** May 10, 2022