



## DEPARTMENT OF RECREATION, ATHLETICS & WELLNESS

### FITNESS INSTRUCTORS (INCLUDING INDOOR CYCLING)

The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of color, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.

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| <b>Deadline to apply:</b>        | <b>Nov 26, 2021</b>  |
| <b>Number of Positions:</b>      | 3-6  |
| <b>Rate of Pay:</b>              | \$25-\$45/hour   |
| <b>Position Start Date:</b>      | January 2022   |
| <b>Position End Date:</b>        | April 30, 2022   |
| <b>Number of Hours per Week:</b> | 1 hour per class (as scheduled or on substitution basis)   |
| <b>Classification:</b>           | Casual-Non Union   |
| <b>Summary</b>                   | <p>Reporting to the Supervisor, Recreation and Fitness (or Fitness Program Assistant) the incumbent will:</p> <ul style="list-style-type: none"> <li>• Be responsible for leading safe, educational fitness classes to members</li> <li>• Must demonstrate knowledge of the class type being taught</li> <li>• Have the ability to explain, demonstrate and teach techniques at the appropriate level of participation</li> <li>• Substitute group fitness classes when available</li> <li>• Provide exceptional and equitable customer service to a diverse participant base</li> </ul> <p>The instructor must demonstrate professionalism:</p> <ul style="list-style-type: none"> <li>• Arrive 10 minutes prior to class</li> <li>• Start and end class on time as per the schedule</li> <li>• Record attendance and report facility/equipment breakdowns</li> <li>• Help find coverage for scheduled classes</li> <li>• Attend professional workshops (if available)</li> <li>• Respect all staff and members and follow safe, respectful and equitable practices</li> <li>• Keep certifications current</li> </ul> |



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| <b>Minimum Qualifications:</b> | <b>Education:</b> <ul style="list-style-type: none"><li>• Training or experience in fitness/sport leadership or coaching</li><li>• Some post-secondary preferred</li></ul> <b>Certifications:</b> <ul style="list-style-type: none"><li>• Current standard First Aid &amp; CPR C, AED</li><li>• Recognized fitness certification (Group Fitness, Cycling, Yoga, Pilates, other specialty)</li></ul> <b>Experience:</b> <ul style="list-style-type: none"><li>• 2-3 Years' experience instructing group fitness classes</li></ul>   |
| <b>Method of Application:</b>  | Please send your resume, covering letter, copies of certifications and three references to: <a href="mailto:andrew.bellerby@utoronto.ca">andrew.bellerby@utoronto.ca</a><br>Please also include: <ul style="list-style-type: none"><li>• your availability (on weekdays, mornings/afternoons/evenings, and/or weekends)</li><li>• number of hours desired (for example 2-3 classes weekly)</li><li>• copy of all certifications</li></ul> We thank all applicants for their interest in the Drop in Fitness Program: however only those applicants selected for further consideration will be contacted. |
| <b>Contact Information:</b>    | <b>Andrew Bellerby</b><br>Fitness Program Coordinator<br><a href="mailto:andrew.bellerby@utoronto.ca">andrew.bellerby@utoronto.ca</a><br>(905) 569-4655<br>University of Toronto Mississauga<br>Recreation, Athletic & Wellness Centre<br>3359 Mississauga Road<br>Mississauga, ON L5L 1C6   |
| <b>Date Posted:</b>            | November 5, 2021   |