



DEPARTMENT OF RECREATION, ATHLETICS & WELLNESS

UTM Moves: Crew Member (Volunteer)	
<p>The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of colour, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.</p>	
Deadline:	Sunday, August 4, 2024 by 11:59PM
Number of Positions:	20
Position Start Date:	August 26, 2024 (tentative)
Position End Date:	March 30, 2025
Number of Hours per Week:	5-10 hours per week. Must be willing to work varying day, evening and possible weekends
Classification:	Volunteer (Fall/Winter)
Summary:	<p>About UTM Moves: UTM Moves is a peer-based wellness education and community-building program at the Department of Recreation, Athletics & Wellness. Through diverse programming initiatives, UTM Moves highlights the benefits of movement and physical activity for student wellbeing and academic success, and aims to make physical activity inclusive, accessible, and fun for all UTM students.</p> <p>Visit uoft.me/utmmoves and/or follow @utm_athletics on Instagram for all the latest updates about upcoming UTM Moves events and initiatives.</p> <p>Role Overview: Join UTM Moves as a Crew Member and be part of a dynamic team dedicated to promoting wellness and community through physical activity! As a Crew Member, you will play a vital role in organizing and supporting wellness events, engaging with fellow students, and contributing to a healthier, more connected campus environment.</p> <p>Key Responsibilities:</p> <ol style="list-style-type: none"> 1. Event Staffing: <ul style="list-style-type: none"> • Assisting with the setup, operation, and teardown of wellness events and activities • Ensuring that events run smoothly and providing a welcoming atmosphere for participants 2. Educational Pop-Ups and Campus Outreach: <ul style="list-style-type: none"> • Supporting the execution of educational pop-ups on wellness topics around campus • Engaging with students, providing information and resources related to wellness initiatives 3. Leading Outdoor Wellness Walks: <ul style="list-style-type: none"> • Co-leading outdoor wellness walks, encouraging physical activity and social interaction among students • Promoting the benefits of regular physical activity and a healthy lifestyle 4. Social Media Content Development: <ul style="list-style-type: none"> • Contributing ideas and content for UTM Moves' social media platforms • Helping create engaging posts, stories, and multimedia content to promote wellness programs 5. Event Promotions:



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- Assisting in the promotion of wellness events and activities through various channels
 - Distributing flyers, posters, and other promotional materials around campus
6. Community Leadership:
 - Representing the Department of Recreation, Athletics & Wellness and the University of Toronto Mississauga in a professional and inclusive manner
 - Upholding the values of the department and promote a positive image of UTM Moves
 7. Resource Advising:
 - Referring students to DRAW programs and resources, and maintaining up-to-date knowledge of available supports on campus and in the community
 8. Team Meetings:
 - Attending and contributing to regular team meetings, as scheduled by the Supervisor, Wellness Programs

Benefits of Volunteering:

1. Build a Sense of Community:
 - Be part of a supportive and engaging community focused on wellness and positive change.
 - Connect with fellow students who share a passion for promoting health and well-being.
 - Develop lasting friendships and professional connections.
2. Earn a Co-Curricular Record (CCR) Credit:
 - Receive official recognition for your volunteer contributions on your Co-Curricular Record.
 - Enhance your resume and academic portfolio with valuable, documented experience.
3. Develop Leadership and Communication Skills:
 - Gain practical experience in event planning, public speaking, and team collaboration.
 - Enhance your leadership abilities and communication skills through hands-on activities.
4. Make a Positive Impact:
 - Contribute to the well-being of the UTM community by promoting healthy lifestyle choices.
 - Help create a more inclusive and supportive campus environment.

Qualifications:

Key Qualifications:

- Must be a University of Toronto Mississauga student enrolled during the 2024/25 academic year and be in good academic standing
- Mandatory attendance at all training sessions (Last week of August 2024)
- Interest in student health, wellness, fitness, and/or athletics
- Excellent communication and interpersonal skills
- Strong teamwork skills
- High level of initiative and self-motivation
- Ability to work flexible hours, including evenings and weekends, as required for event execution
- Knowledge of University of Toronto campus resources
- Appreciation for equity, diversity and inclusion-related issues
- Proficient knowledge around Microsoft 365 (Word, Excel, PowerPoint)



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Method of Application:	Deadline to Apply: Sunday, August 4, 2024 by 11:59PM To apply for the UTM Moves Crew Member position, please complete this application form: https://forms.office.com/r/jWXq8WNRsW . Join us and make a difference in your campus community while gaining valuable skills and experiences. Be a part of the UTM Moves Team today!
Contact Information:	RAVI GABBLE, MPH Supervisor, Wellness Programs Department of Recreation, Athletics, & Wellness University of Toronto Mississauga RA062, 3359 Mississauga Rd Mississauga, ON, L5L 1C6 Office: 905-828-3767 ravinder.gabble@utoronto.ca utm.utoronto.ca/athletics  