# DEPARTMENT OF RECREATION, ATHLETICS & WELLNESS

## FITNESS INSTRUCTORS: Cycling, Yoga, Pilates, Dance, Other specialty

The University of Toronto is strongly committed to diversity within its community and especially welcomes applications from racialized persons / persons of color, women, Indigenous / Aboriginal People of North America, persons with disabilities, LGBTQ persons, and others who may contribute to the further diversification of ideas.

<table>
<thead>
<tr>
<th>Deadline to apply:</th>
<th>Ongoing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Positions:</td>
<td>2-4</td>
</tr>
<tr>
<td>Rate of Pay:</td>
<td>$30-$50 per hour</td>
</tr>
<tr>
<td>Position Start Date:</td>
<td>September 3, 2024</td>
</tr>
<tr>
<td>Position End Date:</td>
<td>Open until filled</td>
</tr>
<tr>
<td>Number of Hours per Week:</td>
<td>1 hour per class (as scheduled or on substitution basis)</td>
</tr>
<tr>
<td>Classification:</td>
<td>Casual-Non Union</td>
</tr>
</tbody>
</table>

### Summary

Reporting to the Supervisor, Recreation and Fitness (or Fitness Program Specialist) the incumbent will:

- Be responsible for leading safe, educational fitness classes to members
- Must demonstrate knowledge of the class type being taught
- Have the ability to explain, demonstrate and teach techniques at the appropriate level of participation
- Substitute group fitness classes when available
- Provide exceptional and equitable customer service to a diverse participant base

The instructor must demonstrate professionalism:

- Arrive 10 minutes prior to class
- Start and end class on time as per the schedule
- Record attendance and report facility/equipment breakdowns
- Help find coverage for scheduled classes
- Attend professional workshops (if available)
- Complete all UofT mandatory trainings
- Respect all staff and members and follow safe, respectful, and equitable practices
- Keep certifications current

### Qualifications:

- Minimum 3-5 Years’ experience instructing group fitness classes*
- Recognized fitness certification: Group Fitness, Cycling, Yoga, Pilates, Zumba, other speciality
- Other training or experience in fitness/sport leadership or coaching
- Current Standard First Aid & CPR C, AED certifications
- Preference will be given to current part time or full time undergraduate or graduate UTM students

*candidates with 1-3 years’ experience may be considered at lower hourly rate

### Method of Application:

Please send your resume, covering letter, copies of certifications and three references to: andrew.bellerby@utoronto.ca

Please also include:

- your availability (on weekdays, mornings/afternoons/evenings, and/or weekends)
| Contact Information: | Andrew Bellerby  
Supervisor, Fitness and Recreation  
andrew.bellerby@utoronto.ca  
University of Toronto Mississauga - Recreation, Athletic & Wellness Centre  
3359 Mississauga Road  
Mississauga, ON L5L 1C6 |
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Date Posted:</td>
<td>January 26, 2024</td>
</tr>
</tbody>
</table>

- number of hours desired (for example 1-3 classes weekly)
- copy of all certifications

We thank all applicants for their interest; however, only those applicants selected for further consideration will be contacted.