

# **UTM INTRAMURALS - CO-ED VOLLEYBALL**

# **RULES AND REGULATIONS**

All Volleyball rules are set out by Ontario Volleyball Association with the following exceptions:

#### **NUMBER OF PLAYERS**

- All games will be played with a maximum of 6 players on the court for each team. A minimum of 4 players for each team is required to start the game
  - o A minimum of 2 players of one gender are allowed on the court at a time
- > Teams may use up to a maximum of 2 NOMADS\*. (Read "Nomads" heading for further details)
- > All teams will have a maximum roster of 20 participants

## **DEFAULT**

- ➤ For every minute that a team is late their opponent will be given 3 point towards their total game score
- ➤ If a team does not have enough players by 10 minutes past the scheduled time, the team will lose by default
- > The default score will be recorded as 10-0

## **EQUIPMENT & UNIFORMS**

- Proper athletic attire (no jeans or boots) and non-marking shoes must be worn
- Game ball will be provided by UTM Intramurals

## LENGTH OF GAMES AND SCORING SYSTEM

- > All matches will consist of a best two out of three game series or best score after 50 minutes.
  - The first two sets will be played to 25 points, win by 2 to a cap of 30. The third set will be played to 15 points, win by 2 to cap of 20
- > The league is run using a point system:
  - WIN = 3 points
  - TIE = 1 points
  - LOSS = 0 point
  - DEFAULT = -1 points

## **OFFICIALS**

- ➤ The referee will be supplied for all UTM Intramurals games
- > The referee will have the final decisions on all rules and disputes

➤ In the event no referee is available, participants may play on the honour system and call their own errors. Team captains/representatives are responsible for the conduct of their players

#### **ELIGIBILITY**

- Players (including late players) must check-in on the game sheet before every game in order to participate
- For eligibility rules, please refer to the UTM Intramurals Handbook

## **START OF GAME & PLAY**

- > To determine who will serve first, teams will select one individual to have a rock, paper, scissors battle to determine who will serve. Best of 1 game for rock, paper & scissors
- ➤ The net will be set to the height of 2.24m
- Players must wait for the referee's whistle before serving
  - If a player serves before the whistle, the team will lose the serve and a point will be awarded to the opposing team
- > Jump serves are not permitted
- ➤ No player may serve more than 5 times consecutively. After 5 legal serves, the team must rotate
- Blocking or spiking the serve is not permitted. Players must not interfere with opposing team's play
- When blocking, hands may cross but not touch the net
- > Players may contact the ball with any part of the body
- > A player may land on the line beneath the net but may not cross it. This will result in a point to the opposing team

## **SCORING & SUBSTITUTIONS**

- Rally scoring method: a point is awarded on every rally, regardless of which team serves
- > Players must notify the Game Manager if they want to substitute into the game
- > No libero subs will be allowed
- > Improper rotation on serve and service reception results in a point against and loss of serve if serving

## TIME OUTS

- > Teams are allowed one 30-second timeout per game
- > Time-outs cannot be used in the third set

## **FOULS AND EJECTIONS**

- Verbal abuse of the officials and/or other players will result in a yellow card
- > Players who receive two yellow cards will be ejected from the game and must leave the gym
- > Ejected players are suspended from their next scheduled game
- > If a team has two players ejected in the same game for yellow or red cards, the team will lose that game by default
- > Fighting, verbal slurs and excessive verbal abuse of officials will **not** be tolerated
- An ejection will result in an appearance before the administration staff. *NOTE:* the <u>minimum</u> penalty for fighting is a minimum one-year suspension

## **END OF GAME**

> All matches will consist of a best two out of three game series or best score after 50 minutes

> All participants will be required to leave the playing area once they game has ended

## **TIE BREAKING RULE & PLAYOFFS**

- > During Play-Offs, it will be best 2 out of 3 with the first 2 sets to 25 points (max 30)
  - o If a 3<sup>rd</sup> set is required, the set will be up to 15 points (max 20)
- > There are no time limits during the playoff matches

#### **NOMADS**

- \* NOMAD: A player registered with the league who is used to by a team to compete in a game where they cannot field enough of their own registered players to begin the game or reach the max playing roster size
- > Teams using a NOMAD must have 4 players from their roster signed in.
- > Teams can only have a NOMAD if their team cannot field the maximum amount of players to play a game.
- > Once a team reaches a roster size of 6 registered players, the NOMAD(S) can no longer play in that game (A registered player is defined as a player on the original team roster).
- A NOMAD may not be added as a substitute and will no longer be permitted to play when a player on the original team roster signs in.

