Scientists write lab reports to show the results and importance of an experiment. Writing lab reports helps you make sense of the results, connect them to your course content, and communicate your findings to others. Follow this outline to structure your report. However, always refer to your assignment guidelines to ensure you are meeting your Professor’s expectations.

1. **Title Page**: Include your name, your student number, the date, and the title of the experiment.

2. **Abstract**: Summarize the important parts of the lab report. Describe the:
   - Purpose of the experiment
   - Methods and materials
   - Results
   - Significance of the results

   Do not include references or definitions in the abstract.

3. **Introduction**: Help the readers understand the background of the experiment and what you were doing through the experiment. Try answering these questions:
   - What is the relevance of your experiment?
   - What are the supporting theories or topics involved?
   - What was the purpose of your experiment?
   - How did each of the parts of your experiment help you achieve the purpose?

   **Sample Introduction**: This example highlights the general format of an introduction. The comments identify each of the introduction’s key parts.

   Western blotting is often used in molecular biology to identify the presence of proteins based on their size and affinity to specific antibodies. In this experiment, the identities of various animal samples were determined through a Western blot comparison of myosin light chain specimens. By comparing the experimentally determined protein sizes to a database of known proteins and their origins, the identities of the samples were found.

4. **Materials and methods**: Give enough information to your readers so that they can replicate your experiment. Describe what you used and what you did in the experiment.
5. Results: Present your key findings and observations without analyzing them. Describe your results using sentences and include tables, figures, and graphs. Make sure that you include captions for your tables, figures, and graphs.

Write captions above tables:
Table 1: Average participant heart rates

<table>
<thead>
<tr>
<th>Condition</th>
<th>Heart rate (bpm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rest</td>
<td>66</td>
</tr>
<tr>
<td>Walking</td>
<td>70</td>
</tr>
<tr>
<td>Running</td>
<td>80</td>
</tr>
</tbody>
</table>

If you have calculations, you can show one full calculation and put the rest of the values in a table.

Write captions below figures/graphs:
Figure 1: Structure of Vaska’s complex

6. Discussion: Analyze and interpret your results. You can compare your results to theory, literature values, and other experimental work. Try answering these questions:

- What were the expected results and how do they connect to relevant theories?
- How do your results to what was expected? Why are there differences?
- What were sources of error or limitations in the experimental design? How did these affect your results and how can you minimize these errors in the future?

7. Conclusion: State your key findings from the experiment and mention any limitations or suggestions to improve the experiment.

8. References: Provide citations for any information that is not your own. Make sure that you include in-text citations. Use the citation style that your Professor requests.

More resources for lab report writing
Get feedback on your lab report writing! Book an appointment with an Instructor:
http://www.utm.utoronto.ca/asc/appointments-undergraduate.

Check out these resources to get more help and information on lab report writing:
- Writing tips for first year biology lab – Queen’s University
  http://sass.queensu.ca/topics/tips-for-writing-first-year-biology-labs/
- Lab Report module – University of Waterloo
  http://writeonline.ca/labreport.php?content=intro