MAKE THE MOST OF YOUR TIME AT UTM!

We want to help you maximize your university experience, so we’ve pulled together information and interesting suggestions to get you started. As you review the chart on the inside pages, note that many of the suggestions need not be restricted to the year they are mentioned. In fact, activities such as joining an academic society, engaging with faculty and seeking opportunities to gain experience should occur in each year of your study at UTM. Read through the chart and create your own plan using My Program Plan found at www.utm.utoronto.ca/program-plans.

Programs of Study (POST)

- Specialist Program ERSPE1883 Exceptionality in Human Learning (Science)
- Major Program ERMAJ1883 Exceptionality in Human Learning (Science)

Check out...

What was your first word? Ever wondered why? Find out in PSY315H5. Topics include the acquisition of speech sounds and conversational abilities. How do we develop socially? Take PSY311H5 to learn factors that influence social development during infancy and childhood.

What can I do with my degree?

The career you choose will depend on your experience and interests. Visit the Career Centre to explore your career options.

Careers for Graduates: Behaviour therapist; Psychologist; Rehabilitation counsellor; Speech-language pathologist; Child and youth worker; Community worker; Crisis worker; Animal assisted therapist; Audiometric technician; Biological technician; Special education teacher; Social worker.

Workplaces: Educational institutions; Medical/health organizations; Not-for-profit agencies; Government; Correction and rehabilitation facilities; Behavioural health clinics; Community services.
### Exceptionality in Human Learning Program Plan

#### 1st Year

- Enrol in PSY100YS. Choose first year Biology, Anthropology or Sociology courses appropriate to your program. View the Academic Calendar for course selection.
- Choose a program of study (Subject POSt) once you complete between 4.0 and 8 credits. Use the Degree Explorer Planner and the Academic Calendar to plan your degree.
- Start strong and get informed with utmONE and LAUNCH through the Office of Student Transition. Join a RIGAS Peer Facilitated Study Group.

#### 2nd Year

- Attend the Get Experience Fair through the Career Centre (CC) to learn about on- and off-campus opportunities.
- Use the Co-Curricular Record (CCR). Search for opportunities beyond the classroom, and keep track of your accomplishments.
- Use the Career Learning Network (CLN) to find postings for on- and off-campus work and volunteer opportunities.

#### 3rd Year

- For third year and higher, attain 3.5 credits from an extensive list of courses outlined in the Academic Calendar.
- Throughout your undergraduate degree:
  - use the Degree Explorer to ensure you complete your degree and program requirements.
  - see the Office of the Registrar and the Psychology Academic Counsellor.

#### 4th Year or Final Year

- Dig deeper into studying psychology and enrol in an independent study course such as PSY439HS, 404H5, 405H5 and 406H5. Speak to the Psychology Academic Counsellor for details.
- Explore your interests. Why not support individuals who have intellectual disabilities? Volunteer with Community on Campus. Visit their office in DV2035.
- Consider a practical work-based experience through PSY442YS (Practicum in Exceptionality in Human Learning). Speak to the Psychology Academic Counsellor.

#### Build Skills

- Networking simply means talking to people and developing relationships with them. Start by joining the Psychology Association of Undergraduate Students of Erindale (P.A.U.S.E). Make sure to go to the P.A.U.S.E Professors Meet & Greet.
- Do you have a professor you really like or connect with? Ask them a question during office hours. Discuss an assignment. Go over lecture material. Don’t be shy! Learn Tips On How to Approach a Professor available through the Experiential Education Office (EEO).
- Establish a professional presence on social media (e.g., LinkedIn).
- Attend the Psychology department’s Colloquium Series or the Human Communication Laboratory Research Talk Series to mingle and learn about new psychological discoveries.
- Earn credits overseas! Study for a summer, term or year at one of 120 universities. The Psychology department has identified 6 partners who are most relevant to their students. Speak to the IEC for details about Course Based Exchange and funding.
- Why not work abroad? Read up on worldwide employment trends and industry outlooks through GoinGlobal. Attend the Go Global Expo. See if you are eligible for International Experience Canada.
- Earn credits overseas! Study for a summer, term or year at one of 120 universities. The Psychology department has identified 6 partners who are most relevant to their students. Speak to the IEC for details about Course Based Exchange and funding.
- You can also check out U of T’s Summer Abroad Program with psychology courses in Germany and England.

#### Build a Network

- Attend events held by the International Education Centre (IEC) to explore different cultures through food, music, and sport or through sight-seeing around the GTA.
- Embark on a UTM Abroad Co-Curricular Experience to India through the IEC. Travel with a faculty member and decipher how gender, socioeconomic status, ability and caste impact access to education.
- Prefer traveling in Canada? Check out the IEC’s UTM Across Canada program.
- Earn credits overseas! Study for a summer, term or year at one of 120 universities. The Psychology department has identified 6 partners who are most relevant to their students. Speak to the IEC for details about Course Based Exchange and funding.
- You can also check out U of T’s Summer Abroad Program with psychology courses in Germany and England.

#### Build a Global Mindset

- Attend the Program Selection & Career Options workshop offered by the Office of the Registrar and the CC.
- Check out Careers by Major at the CC to see potential career options.
- Explore careers through the CC’s Extern Job Shadowing Program.
- Considering further education? Attend the CC’s Graduate and Professionals School Fair. Talk to professors – they are potential mentors and references.
- Market your skills to employers. Get your resume critiqued at the CC. Attend the CC workshop Now That I’m Graduating What’s Next?
- Write a strong application for further education. Attend the CC’s Mastering the Personal Statement workshop.

#### Plan for Your Future

- Read through each year. Investigate what appeals to you here and in any other Program Plans that apply to you. Visit www.utm.utoronto.ca/program-plans to create your own plan using My Program Plan. Update your plan yearly.
- Write a strong application for further education. Attend the CC’s Mastering the Personal Statement workshop.
- Visit www.utm.utoronto.ca/program-plans for the online version and links.

*Consult the Academic Calendar for greater detail on course requirements, program notes and degree requirements.
Skills developed in Exceptionality in Human Learning

To be competitive in the job market, it is essential that you can explain your skills to an employer. Visit the Career Centre to learn how to articulate and market the following skills.

Communication: formulate and defend positions; good listening, clarifying, questioning, and responding skills; and sensitivity to cultural and ethnic diversity.

Research: use criteria to evaluate and make decisions, as well as carry out tasks with thoroughness and precision.

Critical thinking & problem-solving: understand complex problems and identify potential solutions, as well as approach problems from a variety of perspectives.

Organizational: identify goals; manage time; multitask; and work independently and collaboratively with others.

Services that support you
- Academic Counsellor, Department of Psychology
- AccessAbility Resource Centre (AAC)
- Career Centre (CC)
- Centre for Student Engagement (CSE)
- Experiential Education Office (EEO)
- Faculty Advisor, Department of Psychology
- Health & Counselling Centre (HCC)
- Indigenous Centre (IC)
- International Education Centre (IEC)
- Office of Student Transition (OST)
- Office of the Registrar (OR)
- Recreation, Athletics and Wellness Centre (RAWC)
- Robert Gillespie Academic Skills Centre (RGASC)
- UTM Library, Hazel McCallion Academic Learning Centre (HMALC)

Get involved

Check out student organizations on campus. Here are a few:
- Psychology Association of Undergraduate Students of Erindale (P.A.U.S.E).
- UTM Student Union (UTMSU)
- UTM Athletics Council (UTMAC)

For a listing of clubs on campus visit www.utm.utoronto.ca/clubs.

FUTURE STUDENTS

Admission to UTM

All program areas require an Ontario Secondary School Diploma, or equivalent, with six Grade 12 U/M courses, or equivalent, including English. The admission average is calculated with English plus the next best five courses. The Grade 12 prerequisites for this program are Advanced Functions and Biology. The approximate average required for admission is mid- to high-70s. More information is available at utm.utoronto.ca/viewbook.

Note: During the application process, applicants will select Psychology admissions category, but will not officially be admitted to a formal program of study (Major, and/or Minor) until after first year or after second year (Specialist).

Sneak Peek

How different is a 3 year-old from a 5 year-old? Take PSY210H5 and get introduced to developmental psychology. Topics include historical and philosophical perspectives as well as empirical research on age-related changes in perceptual, cognitive, and social processes. What is abnormal adult behaviour? Take PSY240H5 and learn about the causes and treatment of disorders, diagnosis and assessment, biological and psychological interventions, prevention, as well as legal and ethical issues.

Student Recruitment & Admissions

Innovation Complex, Room 1270
University of Toronto Mississauga
3359 Mississauga Rd
Mississauga ON Canada L5L 1C6
905-828-5400
www.utm.utoronto.ca/prospective