Team Lead, Physical Health

UTM Wellness Ambassadors
(Work-Study)

Number of vacancies: 1

Program Overview:
Peer health education serves as an integral component of the student outreach efforts of the UTM Health & Counselling Centre. The UTM Wellness Ambassadors Program provides students with information, tools, and resources to empower them to make healthy choices in support of their personal and academic goals; and supports the development of healthy systems and structures that encourage and foster student health and well-being on campus. Over 100 Work-Study and Volunteer students participate in one of four teams: Physical Health; Mental Health & Safety; Leave the Pack Behind (Tobacco Cessation); and Outreach & Special Events.

Role Overview:
Under the direction of the Health Education Coordinator, the Team Lead, Physical Health (Work-Study) will oversee a team of volunteers in the development and implementation of peer health education events and initiatives on campus, focused on issues related to physical health, including: physical activity (MoveU), nutrition, sleep, and self-care.

Key Responsibilities:
- Managing and co-ordinating a team of ~10 volunteers in the development and implementation of peer health education activities on campus, including campus events, projects, campaigns, and workshops and seminars;
- Coordinating and scheduling days/times for events and initiatives based on availabilities of team members and campus spaces;
- Scheduling and leading weekly team meetings;
- Collaborating with a wide range of campus stakeholders, including student groups, clubs, staff, and faculty to inform programming content, gather resources, and identify needs and opportunities for health education programming;
- Maintaining accurate records of student interactions, workshop attendance, resources distributed, evaluation summaries, etc.;
• Referring students to on- and off-campus services and resources, and maintaining up-to-date knowledge of available supports on campus and in the community;
• Representing the Health & Counselling Centre and the University of Toronto Mississauga, in a respectful, professional and inclusive manner; and
• Performing additional relevant duties and tasks as designated by the Health Education Coordinator.

Co-curricular Record Competencies developed:
• Health Promotion
• Project management
• Leadership
• Teamwork
• Communication
• Professionalism

Commitment & Remuneration:
• Compensation: active minimum wage hourly rate
• Approximately 9-12 hours per week (August 2017 – February 2018)
• Additional hours worked will be recognized as a volunteer commitment on the U of T Co-Curricular Record
• Incumbents MUST be available for mandatory training to take place during three (3) full days in the week of August 21, 2017.

Job Requirements:
• Must be a University of Toronto Mississauga student enrolled during the 2017/18 academic year and be in good academic standing
• Qualify for the Work-Study Program (pending approval)
• Successful completion of a minimum of 2 years of university study
• Interest in promoting student health and wellbeing
• Knowledge of campus and resources
• Event coordination and volunteer management skills
• Excellent oral and written communication skills
• Strong time management and organizational skills
• Appreciation of diversity issues and respect for individual choices
• Knowledge of Microsoft Office
Method of Application:
Please submit your resume and cover letter addressed to Mr. Ravi Gabble via the Career Learning Network (CLN) website by **July 10, 2017 11:59PM**. Alternatively, you may email your application to ravinder.gabble@utoronto.ca with the subject line: **Team Lead, Physical Health**.

Contact Information:
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