Men’s and Women’s OCAA Regional Indoor Soccer Championships  
Wednesday, March 8, 2017 at the Ontario Soccer Centre in Vaughan

**Women’s Pool C**
- Conestoga
- Lakehead Orillia
- St. Clair
- St. Lawrence Kingston

**Men’s Pool C**
- Seneca
- St. Clair
- St. Lawrence Kingston
- UTM

**FIELD A**

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<tr>
<th>Men or Women</th>
<th>TIME</th>
<th>HOME</th>
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<td>9:30AM</td>
<td>Conestoga</td>
<td>St. Lawrence Kingston</td>
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<td>M</td>
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**FIELD C**

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MEN’S AND WOMEN’S POOL C REGIONALS WILL BE PLAYED AT THE ONTARIO SOCCER ASSOCIATION IN VAUGHAN

**NOTE-** Bus will depart UTM at 8:30 am on Wednesday, March 8th
Ontario Soccer Centre:
The OSA Centre address is 7601 Martin Grove Road, Vaughan.

OSA Field House:
- Each Field 60 Meters long 30 Meters Wide
- Goal Nets are 6.5ft High x 12ft Wide
- **No Food or Drink is allowed in the field house, except water.**
- Only Game Balls will be provided.

Footwear:
Indoor Soccer Shoes, Outdoor Cleats or Running shoes are permitted.

Dressing Rooms:
Each team will have a dressing room for the day. Please check in with me once you arrive and I will delegate each team a dressing room.

Spectators:
No spectators will be allowed on the field before, during or prior to the game. There is standing room above the fields where they can watch.

Players, Coaches, Trainers will only be allowed access to the field. They can gain access through the doorway leading from the dressing rooms.

Services and Hospitality:
There are several fast food restaurants less than 5 min. from the centre. (Subway, Gino’s Pizza, Wendys, Tim Hortons, Pita Pit).

Athletic Therapist:
An Athletic Therapist will be on site for the entire tournament. Any players requiring taping must provide their own supplies. If you are not sending a Therapist with your team, please contact Kristen Wells at athletictherapist@conestogac.on.ca
Rule Reminders

- Standard OCAA Indoor Soccer Rules Apply
- 2x 20 Min. Periods with a 2 min. half time
- Teams are allowed to warm up on the middle field
- Blue Cards will be used to show a 2 min. Penalty
- Penalized players must stand at the 4th Official’s Table for entire time of the penalty
- OCAA Tie Breaking Procedures will be used
- The Clock will be stopped the last 2 min. of the 2nd half, and the Match Official will be in control of the remaining time
- Only players that are on the Official Declaration List prior to the start of the Regional Tournaments are eligible to participate in Regionals and or Provincials.
- A team is permitted to dress a maximum of 16 players. These 16 players must be declared prior to the first game at Regionals.
- A different 16 players may play at Provincials, but they must be on the Dec. List before Regionals.
- Staff on the bench include 1 head coach, 3 assistant coaches and 1 Medical staff. These names must be on the Declaration List and Roster.

Uniforms: Teams shall have 2 sets of jerseys (one light, one dark). Team members are permitted to wear spandex or long thermal underwear of a uniform color throughout the OCAA Indoor Soccer Season. Undershorts are to be the same main color as the shorts. Undershirts must be the same main colour as the jersey sleeve.

Socks: if tape or similar material is applied externally it must be the same colour as the part of the sock it is applied to.

Players not complying will not be allowed to enter the field until the match officials are satisfied that the equipment conforms to the Laws of the Game.